

Capital Subaru Cape to Cabot 20k

Overall Finish List

October 19, 2025

Timing & Results by Athletics NorthEAST

Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
1	Ben Collingwood (ANER)	480	1	1:07:09	2	8:33	1:15:42	1 M: 30 to 39	M (1)
2	Adrian Smith	448	2	1:09:49	1	8:32	1:18:22	2 M: 30 to 39	M (2)
3	John Halley	497	3	1:11:07	3	8:50	1:19:58	3 M: 30 to 39	M (3)
4	Ryne King (ANER)	571	4	1:14:26	11	9:40	1:24:07	4 M: 30 to 39	M (4)
5	Matthew Voigt	456	5	1:15:30	10	9:40	1:25:11	5 M: 30 to 39	M (5)
6	James McGowan	425	7	1:18:10	8	9:35	1:27:46	1 M: 20 to 29	M (6)
7	Jamie Dos Anjos	374	6	1:18:03	22	10:32	1:28:36	6 M: 30 to 39	M (7)
8	Brandon St.Croix (PRCA)	541	8	1:18:47	15	9:59	1:28:47	7 M: 30 to 39	M (8)
9	Will Duggan	375	9	1:19:22	7	9:34	1:28:56	8 M: 30 to 39	M (9)
10	Ethan Walsh	346	10	1:19:30	12	9:51	1:29:22	1 M: 0 to 19	M (10)
11	Paul Bassler (ANER)	326	11	1:19:36	17	10:11	1:29:47	1 M: 40 to 49	M (11)
12	Tarjei Aamot Haga	350	13	1:20:26	5	9:29	1:29:55	9 M: 30 to 39	M (12)
13	Betsy Nicholson	576	12	1:20:20	28	10:43	1:31:03	1 F: 40 to 49	F (1)
14	Mark Hayward	395	14	1:20:30	37	10:57	1:31:28	2 M: 40 to 49	M (13)
15	Stephen Barnes	467	19	1:22:08	4	9:27	1:31:35	2 M: 20 to 29	M (14)
16	Taedy O'Rourke	435	15	1:21:18	34	10:52	1:32:11	10 M: 30 to 39	M (15)
17	Morgan White	460	17	1:22:01	19	10:20	1:32:22	11 M: 30 to 39	M (16)
18	Coby Morris	513	18	1:22:03	27	10:41	1:32:44	2 M: 0 to 19	M (17)
19	Stephen Gillard	308	20	1:23:58	6	9:33	1:33:32	12 M: 30 to 39	M (18)
20	Christian Daly	333	21	1:24:00	18	10:17	1:34:18	13 M: 30 to 39	M (19)
21	Ben Lundrigan	419	22	1:24:12	35	10:54	1:35:07	3 M: 20 to 29	M (20)
22	Matthew Hardy	391	30	1:25:12	14	9:55	1:35:08	4 M: 20 to 29	M (21)
23	Jacob Burns	362	23	1:24:23	33	10:52	1:35:16	14 M: 30 to 39	M (22)
24	Tom Browne	301	26	1:24:35	36	10:56	1:35:31	15 M: 30 to 39	M (23)
25	Katie Pirzada	110	24	1:24:34	40	10:59	1:35:33	1 F: 20 to 29	F (2)
26	James Furneaux	562	29	1:25:12	23	10:33	1:35:45	16 M: 30 to 39	M (24)
27	Courtney King	570	25	1:24:35	59	11:26	1:36:02	1 F: 30 to 39	F (3)
28	Alfred Goodfellow	386	36	1:26:35	9	9:36	1:36:12	3 M: 40 to 49	M (25)
29	Laurin Kuhn	593	28	1:25:10	45	11:07	1:36:18	3 M: 0 to 19	M (26)
30	Qasim Dogar	488	31	1:25:33	32	10:51	1:36:24	5 M: 20 to 29	M (27)
31	Greg Tricco	591	34	1:26:18	26	10:41	1:36:59	1 M: 50 to 59	M (28)
32	Arthur House	565	27	1:24:42	103	12:17	1:37:00	4 M: 40 to 49	M (29)
33	Harlem Medina	427	16	1:21:47	298	15:19	1:37:07	5 M: 40 to 49	M (30)
34	Zack Greene	387	32	1:26:11	48	11:09	1:37:20	17 M: 30 to 39	M (31)
35	James Cadigan	474	37	1:26:41	42	11:02	1:37:44	18 M: 30 to 39	M (32)
36	Josh Critch	483	40	1:27:21	21	10:32	1:37:53	6 M: 20 to 29	M (33)
37	Adam Baker	354	33	1:26:17	81	11:49	1:38:07	7 M: 20 to 29	M (34)
38	Derek McGrath	426	39	1:27:05	66	11:31	1:38:36	6 M: 40 to 49	M (35)
39	Scott Delaney	484	35	1:26:31	104	12:19	1:38:51	8 M: 20 to 29	M (36)
40	Zachary Greenham	388	43	1:28:31	24	10:34	1:39:05	9 M: 20 to 29	M (37)
41	Zachary Thorup	544	41	1:27:45	55	11:20	1:39:06	7 M: 40 to 49	M (38)
42	Laura Lawes (ANER)	158	38	1:26:42	122	12:36	1:39:18	2 F: 30 to 39	F (4)
43	Glen Hunt (ANER)	402	42	1:28:05	72	11:37	1:39:43	2 M: 50 to 59	M (39)
44	Aaron Budgell	471	49	1:29:44	16	10:08	1:39:52	10 M: 20 to 29	M (40)
45	Zachary Vaters	547	45	1:28:41	50	11:14	1:39:56	11 M: 20 to 29	M (41)
46	David Whitney-Brown	551	46	1:28:50	46	11:08	1:39:58	19 M: 30 to 39	M (42)
47	Cody Garnier	384	47	1:29:11	39	10:58	1:40:10	12 M: 20 to 29	M (43)
48	Bernard Kenny	569	44	1:28:34	85	11:58	1:40:32	3 M: 50 to 59	M (44)
49	Christine Aubrey-Bassler (ANER)	119	48	1:29:27	47	11:08	1:40:35	1 F: 50 to 59	F (5)
50	Mary Kate Dawson	105	53	1:30:09	25	10:35	1:40:45	3 F: 30 to 39	F (6)

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Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
51	Andrew Parsons	523	51	1:29:59	56	11:22	1:41:21	8 M: 40 to 49	M (45)
52	Michael Ingram	501	56	1:31:10	20	10:20	1:41:30	13 M: 20 to 29	M (46)
53	Mark Stoddart	450	52	1:29:59	68	11:32	1:41:31	4 M: 50 to 59	M (47)
54	Nicholas Duke	490	54	1:30:41	44	11:05	1:41:47	20 M: 30 to 39	M (48)
55	Daniel Fougere	383	50	1:29:44	139	12:52	1:42:37	21 M: 30 to 39	M (49)
56	Nick Pike	439	57	1:31:23	54	11:19	1:42:43	14 M: 20 to 29	M (50)
57	Michael Lannon (PRCA)	504	55	1:31:06	90	12:02	1:43:09	22 M: 30 to 39	M (51)
58	Malcolm Snow	540	59	1:32:04	79	11:48	1:43:53	15 M: 20 to 29	M (52)
59	Zachary Hussey	404	58	1:31:39	117	12:29	1:44:08	4 M: 0 to 19	M (53)
60	Anna Murphy	240	61	1:32:46	75	11:43	1:44:29	2 F: 20 to 29	F (7)
61	Mike Collins	331	60	1:32:36	96	12:07	1:44:44	5 M: 50 to 59	M (54)
62	Ben Evans	378	63	1:33:08	77	11:46	1:44:54	16 M: 20 to 29	M (55)
63	Ethan Kirby	572	62	1:32:53	100	12:12	1:45:06	17 M: 20 to 29	M (56)
64	Jake Noseworthy	432	66	1:33:51	53	11:18	1:45:10	23 M: 30 to 39	M (57)
65	Sean Coady	558	67	1:33:51	58	11:23	1:45:15	18 M: 20 to 29	M (58)
66	David Holder	399	71	1:34:47	30	10:49	1:45:36	6 M: 50 to 59	M (59)
67	Melanie Mercer	164	64	1:33:10	120	12:35	1:45:45	4 F: 30 to 39	F (8)
68	Mario Pepe	438	68	1:34:22	62	11:29	1:45:51	7 M: 50 to 59	M (60)
69	Nat Pollock	440	65	1:33:43	119	12:33	1:46:17	9 M: 40 to 49	M (61)
70	John Walsh	457	69	1:34:36	78	11:47	1:46:24	8 M: 50 to 59	M (62)
71	Liam Robbins	533	74	1:35:12	60	11:27	1:46:39	19 M: 20 to 29	M (63)
72	Christopher Manning	424	70	1:34:42	86	11:59	1:46:42	24 M: 30 to 39	M (64)
73	Matthew Walsh	347	81	1:36:03	29	10:44	1:46:48	25 M: 30 to 39	M (65)
74	Glen Noel	341	73	1:35:10	76	11:44	1:46:55	1 M: 60 to 69	M (66)
75	Stephane Autin	353	72	1:35:09	82	11:52	1:47:01	9 M: 50 to 59	M (67)
76	Jeff Vaters (SRNL)	184	75	1:35:16	84	11:56	1:47:12	10 M: 50 to 59	M (68)
77	Aidan Whittle	461	80	1:35:57	57	11:23	1:47:21	20 M: 20 to 29	M (69)
78	Merreck Mintz	512	84	1:36:49	41	11:01	1:47:51	21 M: 20 to 29	M (70)
79	Leah Aitken	113	79	1:35:51	89	12:02	1:47:54	5 F: 30 to 39	F (9)
80	Brandon Thorne (PRCA)	452	76	1:35:41	110	12:23	1:48:05	26 M: 30 to 39	M (71)
81	Erik Charron (ANER)	364	78	1:35:51	102	12:17	1:48:08	10 M: 40 to 49	M (72)
82	Lyndon Thorne	543	87	1:36:56	51	11:16	1:48:12	22 M: 20 to 29	M (73)
83	Leon Hunt	403	86	1:36:55	61	11:27	1:48:23	27 M: 30 to 39	M (74)
84	Mike Lester	418	77	1:35:42	159	13:10	1:48:53	11 M: 50 to 59	M (75)
85	Allison Noseworthy (PRCA)	577	83	1:36:35	118	12:31	1:49:07	2 F: 40 to 49	F (10)
86	Gus Lynch Jr.	420	82	1:36:05	157	13:10	1:49:15	12 M: 50 to 59	M (76)
87	Barry Ollerhead	434	85	1:36:54	112	12:25	1:49:20	13 M: 50 to 59	M (77)
88	Michael Miranda	339	97	1:38:22	38	10:58	1:49:20	23 M: 20 to 29	M (78)
89	Colin Parsons	524	88	1:37:12	105	12:19	1:49:31	28 M: 30 to 39	M (79)
90	Austin Cahill	475	92	1:37:31	94	12:07	1:49:38	29 M: 30 to 39	M (80)
91	Andrew Spurrell	323	89	1:37:17	113	12:25	1:49:43	30 M: 30 to 39	M (81)
92	Michael Dobbin	487	96	1:38:19	69	11:32	1:49:52	24 M: 20 to 29	M (82)
93	Stephen Chaytor	365	91	1:37:31	144	12:57	1:50:29	31 M: 30 to 39	M (83)
94	John Mark Bonneau	468	94	1:37:38	137	12:51	1:50:29	32 M: 30 to 39	M (84)
95	Steven Lannon	412	93	1:37:32	149	13:02	1:50:34	33 M: 30 to 39	M (85)
96	Andrew Kelloway	502	98	1:38:45	87	12:01	1:50:46	34 M: 30 to 39	M (86)
97	Zach Stagg	266	99	1:38:45	114	12:26	1:51:11	25 M: 20 to 29	M (87)
98	Amanda Butt	129	100	1:38:58	109	12:22	1:51:20	3 F: 40 to 49	F (11)
99	Benjamin Osmond	521	110	1:40:05	64	11:30	1:51:36	26 M: 20 to 29	M (88)
100	Jeff Slaney	537	95	1:38:07	171	13:32	1:51:40	35 M: 30 to 39	M (89)

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Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
101	Aaron Park	296	106	1:39:37	92	12:05	1:51:43	36 M: 30 to 39	M (90)
102	Paul Chafe	328	105	1:39:36	97	12:09	1:51:46	11 M: 40 to 49	M (91)
103	Shawn Reddick	594	101	1:39:07	125	12:40	1:51:48	37 M: 30 to 39	M (92)
104	Deanne Delahunty	135	103	1:39:11	141	12:55	1:52:07	2 F: 50 to 59	F (12)
105	Jonathan Guldbrandsen	389	135	1:42:44	13	9:53	1:52:37	27 M: 20 to 29	M (93)
106	Michael Doyle	489	107	1:39:41	155	13:06	1:52:48	12 M: 40 to 49	M (94)
107	Jol Hunter	500	104	1:39:36	162	13:15	1:52:52	2 M: 60 to 69	M (95)
108	Tony Chislett	329	123	1:41:42	49	11:13	1:52:56	13 M: 40 to 49	M (96)
109	Koen Naulaerts	431	108	1:39:51	156	13:07	1:52:59	38 M: 30 to 39	M (97)
110	Christian Velasco	345	90	1:37:22	322	15:37	1:52:59	39 M: 30 to 39	M (98)
111	Demarey Baker	325	102	1:39:10	188	13:51	1:53:02	40 M: 30 to 39	M (99)
112	Conor Flanagan	380	115	1:40:43	116	12:27	1:53:11	41 M: 30 to 39	M (100)
113	Gearóid McCarthy	508	118	1:41:16	98	12:10	1:53:27	14 M: 40 to 49	M (101)
114	Tammy Banfield	120	109	1:39:57	174	13:35	1:53:32	4 F: 40 to 49	F (13)
115	Chris Snow	344	113	1:40:36	154	13:06	1:53:43	5 M: 0 to 19	M (102)
116	Andrew Conway	481	117	1:41:03	127	12:45	1:53:48	14 M: 50 to 59	M (103)
117	Victoria Vatcher	291	133	1:42:22	63	11:29	1:53:51	6 F: 30 to 39	F (14)
118	Brian King	315	124	1:41:47	95	12:07	1:53:54	15 M: 40 to 49	M (104)
119	Mackenzie Cromarty	206	120	1:41:21	124	12:39	1:54:00	3 F: 20 to 29	F (15)
120	Andrew Smith (ANER)	343	111	1:40:23	187	13:50	1:54:13	15 M: 50 to 59	M (105)
121	Ian McGrath	509	119	1:41:17	148	13:01	1:54:19	16 M: 40 to 49	M (106)
122	Lajos Armbruster	465	134	1:42:44	71	11:35	1:54:20	28 M: 20 to 29	M (107)
123	Mary H O'Brien	109	130	1:42:18	91	12:05	1:54:23	1 F: 60 to 69	F (16)
124	Fleur Kenward	225	114	1:40:37	183	13:48	1:54:25	3 F: 50 to 59	F (17)
125	Trevor Smith	449	116	1:41:00	166	13:27	1:54:28	17 M: 40 to 49	M (108)
126	Anthony Keeping	406	153	1:43:57	31	10:49	1:54:47	18 M: 40 to 49	M (109)
127	Sandra Pope	173	122	1:41:41	158	13:10	1:54:51	4 F: 50 to 59	F (18)
128	Emma Grunwald	212	126	1:42:05	130	12:47	1:54:53	7 F: 30 to 39	F (19)
129	Stephanie Gulliver	213	129	1:42:18	121	12:36	1:54:54	8 F: 30 to 39	F (20)
130	Patrick Larchet	413	112	1:40:26	229	14:29	1:54:55	42 M: 30 to 39	M (110)
131	Lindsey Reddy	176	125	1:41:55	150	13:03	1:54:59	5 F: 40 to 49	F (21)
132	Jordan Foley	493	137	1:42:48	99	12:11	1:54:59	19 M: 40 to 49	M (111)
133	Simon Reichert	531	136	1:42:47	108	12:22	1:55:10	29 M: 20 to 29	M (112)
134	Peter Chafe	478	127	1:42:14	153	13:06	1:55:20	20 M: 40 to 49	M (113)
135	Joshua Handrigan	564	152	1:43:56	67	11:31	1:55:27	43 M: 30 to 39	M (114)
136	Melissa Noftall	247	149	1:43:50	74	11:42	1:55:32	9 F: 30 to 39	F (22)
137	Kathleen Carter	200	138	1:42:52	132	12:48	1:55:40	10 F: 30 to 39	F (23)
138	Natasha Noel	246	148	1:43:49	88	12:01	1:55:50	11 F: 30 to 39	F (24)
139	Jason Penney	320	131	1:42:19	175	13:36	1:55:55	44 M: 30 to 39	M (115)
140	Matthew Cox	482	142	1:43:08	135	12:50	1:55:59	45 M: 30 to 39	M (116)
141	Abby Evans	209	141	1:43:05	147	12:59	1:56:04	4 F: 20 to 29	F (25)
142	David Foley (ANER)	335	128	1:42:16	184	13:48	1:56:04	3 M: 60 to 69	M (117)
143	Madeline Carter	102	144	1:43:19	129	12:47	1:56:07	1 F: 0 to 19	F (26)
144	Jillian Carter	131	145	1:43:20	131	12:48	1:56:08	6 F: 40 to 49	F (27)
145	Matthew Howell	401	146	1:43:23	136	12:51	1:56:15	46 M: 30 to 39	M (118)
146	Jamie Gardner	145	155	1:44:09	93	12:06	1:56:15	12 F: 30 to 39	F (28)
147	Melissa Butler	128	139	1:42:55	164	13:21	1:56:16	7 F: 40 to 49	F (29)
148	Cynthia Littlejohn	285	132	1:42:21	198	14:02	1:56:24	8 F: 40 to 49	F (30)
149	Roy Osmond	318	159	1:44:24	106	12:20	1:56:44	4 M: 60 to 69	M (119)
150	Holly Power	174	121	1:41:40	275	15:09	1:56:50	13 F: 30 to 39	F (31)

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151	Matthew Beazley	357	143	1:43:14	176	13:37	1:56:51	47 M: 30 to 39	M (120)
152	Eddie Whelan	459	154	1:44:01	145	12:58	1:56:59	48 M: 30 to 39	M (121)
153	Ben Wheaton	348	151	1:43:53	161	13:15	1:57:08	30 M: 20 to 29	M (122)
154	Tracy Lawrence	108	140	1:42:59	211	14:16	1:57:16	5 F: 50 to 59	F (32)
155	Grace Mercer	163	160	1:44:35	128	12:45	1:57:21	5 F: 20 to 29	F (33)
156	Lucas O'Dell	520	168	1:45:32	80	11:48	1:57:21	6 M: 0 to 19	M (123)
157	Arch Rose	535	157	1:44:23	146	12:58	1:57:22	5 M: 60 to 69	M (124)
158	Kaelem Tingate	453	156	1:44:12	163	13:20	1:57:33	31 M: 20 to 29	M (125)
159	Chad Stokes	451	150	1:43:51	185	13:48	1:57:39	21 M: 40 to 49	M (126)
160	Keith Barrington	356	161	1:44:36	152	13:04	1:57:41	6 M: 60 to 69	M (127)
161	Chad Collett	367	181	1:46:29	52	11:18	1:57:48	22 M: 40 to 49	M (128)
162	Pam Dawe	103	158	1:44:23	169	13:29	1:57:52	6 F: 50 to 59	F (34)
163	Martin Cutler	332	147	1:43:45	216	14:18	1:58:04	7 M: 60 to 69	M (129)
164	Tristan Jenkins	405	163	1:44:37	170	13:31	1:58:09	7 M: 0 to 19	M (130)
165	David Martin	295	165	1:44:51	173	13:33	1:58:24	49 M: 30 to 39	M (131)
166	Melissa Jones	221	162	1:44:37	231	14:30	1:59:07	9 F: 40 to 49	F (35)
167	Dena Kavanagh	151	178	1:46:01	160	13:13	1:59:14	10 F: 40 to 49	F (36)
168	Nicholas Collett	368	182	1:46:30	133	12:48	1:59:18	50 M: 30 to 39	M (132)
169	James Magnin	421	180	1:46:29	142	12:57	1:59:26	51 M: 30 to 39	M (133)
170	Douglas Cranford	370	166	1:45:27	207	14:08	1:59:36	23 M: 40 to 49	M (134)
171	John Callahan	476	170	1:45:45	189	13:51	1:59:36	16 M: 50 to 59	M (135)
172	James Leblanc	338	164	1:44:46	257	14:53	1:59:40	24 M: 40 to 49	M (136)
173	Amy George	106	191	1:47:24	107	12:22	1:59:46	14 F: 30 to 39	F (37)
174	Melanie Seal	111	188	1:47:05	126	12:44	1:59:50	11 F: 40 to 49	F (38)
175	Juliette Ryan (ANER)	261	174	1:45:48	199	14:02	1:59:51	15 F: 30 to 39	F (39)
176	Hailey Murphy	241	169	1:45:32	230	14:30	2:00:03	6 F: 20 to 29	F (40)
177	Shannon Chidley	132	172	1:45:47	212	14:18	2:00:05	7 F: 20 to 29	F (41)
178	Samantha Kavanagh	152	171	1:45:46	217	14:19	2:00:05	16 F: 30 to 39	F (42)
179	Matthew Courtney	369	173	1:45:47	221	14:22	2:00:10	32 M: 20 to 29	M (137)
180	Wade King	503	179	1:46:03	208	14:10	2:00:14	17 M: 50 to 59	M (138)
181	Rebecca Long	231	167	1:45:29	248	14:46	2:00:15	17 F: 30 to 39	F (43)
182	Kenneth Kingdon	410	206	1:48:45	70	11:32	2:00:17	8 M: 60 to 69	M (139)
183	Laura Kelly	223	175	1:45:58	228	14:26	2:00:24	12 F: 40 to 49	F (44)
184	Terry Tucker	455	176	1:45:59	243	14:41	2:00:41	9 M: 60 to 69	M (140)
185	Chris Hedges	396	183	1:46:40	206	14:08	2:00:48	18 M: 50 to 59	M (141)
186	Catherine Street	180	177	1:46:00	253	14:50	2:00:51	7 F: 50 to 59	F (45)
187	Maggie Carew	198	184	1:46:41	214	14:18	2:00:59	8 F: 20 to 29	F (46)
188	Jennifer Noftall	286	194	1:47:36	168	13:29	2:01:05	18 F: 30 to 39	F (47)
189	Braden Evans	379	211	1:49:13	83	11:54	2:01:07	8 M: 0 to 19	M (142)
190	Mark Murphy	340	212	1:49:38	65	11:31	2:01:09	52 M: 30 to 39	M (143)
191	Sophie St. Croix	265	200	1:48:11	151	13:04	2:01:15	19 F: 30 to 39	F (48)
192	Scott Belbin	358	187	1:47:00	215	14:18	2:01:18	19 M: 50 to 59	M (144)
193	Sean Munro	517	219	1:50:16	43	11:04	2:01:21	53 M: 30 to 39	M (145)
194	Isabelle Quinton	255	210	1:49:12	101	12:14	2:01:27	2 F: 0 to 19	F (49)
195	Aidan Brake MacSween	360	205	1:48:41	134	12:49	2:01:31	9 M: 0 to 19	M (146)
196	Olha Tereshchenko	589	203	1:48:22	167	13:29	2:01:51	20 F: 30 to 39	F (50)
197	Crispin Pike	526	189	1:47:23	232	14:30	2:01:53	25 M: 40 to 49	M (147)
198	Mike Stone	586	186	1:46:47	272	15:07	2:01:54	26 M: 40 to 49	M (148)
199	Kseniia Lazurenko	159	199	1:48:10	186	13:48	2:01:59	21 F: 30 to 39	F (51)
200	Scott Atkinson	352	197	1:48:04	196	13:57	2:02:01	54 M: 30 to 39	M (149)

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Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
201	Steven MacDonald	507	190	1:47:24	251	14:49	2:02:13	33 M: 20 to 29	M (150)
202	Ashley Charlebois	201	185	1:46:44	318	15:35	2:02:19	22 F: 30 to 39	F (52)
203	Jason Edwards	305	195	1:47:39	246	14:44	2:02:23	20 M: 50 to 59	M (151)
204	Heather Bryant	126	208	1:48:50	178	13:38	2:02:28	23 F: 30 to 39	F (53)
205	Eilish MacCharles	233	193	1:47:28	296	15:18	2:02:47	9 F: 20 to 29	F (54)
206	Noleen Penney	170	196	1:48:01	259	14:55	2:02:56	8 F: 50 to 59	F (55)
207	Brett Kelly	407	202	1:48:19	242	14:41	2:03:00	55 M: 30 to 39	M (152)
208	Anton Moizrist	428	198	1:48:08	264	14:59	2:03:07	27 M: 40 to 49	M (153)
209	Tony Williams	462	225	1:50:47	115	12:26	2:03:14	21 M: 50 to 59	M (154)
210	Candace Green	281	207	1:48:49	235	14:35	2:03:24	24 F: 30 to 39	F (56)
211	Rowan Sherlock	447	217	1:49:57	172	13:32	2:03:30	56 M: 30 to 39	M (155)
212	Jeff Barnes (ANER)	1	201	1:48:18	292	15:17	2:03:36	22 M: 50 to 59	M (156)
213	Dale Croft	303	192	1:47:27	341	16:10	2:03:38	57 M: 30 to 39	M (157)
214	Joan Hartery (ANER)	337	209	1:49:00	244	14:41	2:03:41	1 F: 70 to 79	F (57)
215	Brandon Whelan	550	220	1:50:18	165	13:26	2:03:44	58 M: 30 to 39	M (158)
216	Ashen Katagoda	311	215	1:49:52	195	13:57	2:03:49	34 M: 20 to 29	M (159)
217	Charuka Amarappulige	351	213	1:49:39	213	14:18	2:03:57	59 M: 30 to 39	M (160)
218	Michael Deroche	372	204	1:48:24	324	15:52	2:04:16	1 M: 70 to 79	M (161)
219	Bill Seaward	446	222	1:50:31	194	13:56	2:04:27	10 M: 60 to 69	M (162)
220	Robert Balsom	355	221	1:50:27	197	14:01	2:04:28	11 M: 60 to 69	M (163)
221	Julia Enetjaern	207	218	1:50:10	222	14:22	2:04:33	10 F: 20 to 29	F (58)
222	Natalie Robinson	260	214	1:49:42	260	14:57	2:04:40	25 F: 30 to 39	F (59)
223	Grace Marcoux	160	240	1:52:21	111	12:24	2:04:46	26 F: 30 to 39	F (60)
224	Grace Halley	148	224	1:50:42	203	14:06	2:04:48	27 F: 30 to 39	F (61)
225	Eoin Mulcahy	516	216	1:49:52	309	15:28	2:05:21	28 M: 40 to 49	M (164)
226	Jake McGuire	510	241	1:52:30	140	12:53	2:05:24	60 M: 30 to 39	M (165)
227	Tristan Penney	437	226	1:50:57	236	14:36	2:05:33	10 M: 0 to 19	M (166)
228	Matthew Hickey	498	227	1:51:10	225	14:23	2:05:33	35 M: 20 to 29	M (167)
229	Barbara Wells (PRCA)	270	223	1:50:31	287	15:14	2:05:46	13 F: 40 to 49	F (62)
230	Dennis Dillon (SRNL)	373	231	1:51:28	240	14:38	2:06:06	12 M: 60 to 69	M (168)
231	Shawn Kelly	313	233	1:51:52	219	14:21	2:06:13	23 M: 50 to 59	M (169)
232	Dee Adams (YQXR)	188	237	1:52:15	202	14:05	2:06:21	14 F: 40 to 49	F (63)
233	Sean Kinden (YQXR)	409	236	1:52:15	204	14:07	2:06:23	24 M: 50 to 59	M (170)
234	Spencer Hiscock	398	243	1:52:51	177	13:37	2:06:29	36 M: 20 to 29	M (171)
235	James Legge	416	228	1:51:22	277	15:10	2:06:32	29 M: 40 to 49	M (172)
236	Sarah Knight	155	230	1:51:26	283	15:13	2:06:39	11 F: 20 to 29	F (64)
237	Charlene Kennedy	224	235	1:52:07	241	14:38	2:06:46	15 F: 40 to 49	F (65)
238	Rebekah Clench	330	242	1:52:38	224	14:23	2:07:02	28 F: 30 to 39	F (66)
239	Chris Flanagan (ANER)	6	249	1:53:06	205	14:07	2:07:14	13 M: 60 to 69	M (173)
240	Jason Mortimer	514	245	1:52:56	227	14:25	2:07:22	25 M: 50 to 59	M (174)
241	Brad Meaney	511	229	1:51:24	328	15:59	2:07:23	26 M: 50 to 59	M (175)
242	Connie Gullage (PRCA)	146	239	1:52:17	271	15:06	2:07:24	9 F: 50 to 59	F (67)
243	Nick Earle	376	234	1:52:02	305	15:25	2:07:27	37 M: 20 to 29	M (176)
244	Eric Glencross (PRCA)	385	255	1:53:51	179	13:39	2:07:30	61 M: 30 to 39	M (177)
245	Brandi Eveleigh	140	250	1:53:09	223	14:22	2:07:32	16 F: 40 to 49	F (68)
246	Tina Strutt	587	247	1:53:03	262	14:57	2:08:00	10 F: 50 to 59	F (69)
247	Rick Lawes	414	232	1:51:37	369	16:38	2:08:16	14 M: 60 to 69	M (178)
248	Renee Fitzgerald	143	246	1:53:02	297	15:19	2:08:22	17 F: 40 to 49	F (70)
249	Kaitlyn Hall	147	259	1:54:21	209	14:11	2:08:33	12 F: 20 to 29	F (71)
250	Steve Reid (YQXR)	532	238	1:52:15	353	16:19	2:08:35	27 M: 50 to 59	M (179)

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Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
251	Hannah Dooley	136	256	1:53:54	258	14:54	2:08:48	13 F: 20 to 29	F (72)
252	Nadine Penton	171	257	1:53:58	261	14:57	2:08:56	18 F: 40 to 49	F (73)
253	Geana George	563	260	1:54:24	234	14:34	2:08:58	14 F: 20 to 29	F (74)
254	Craig Ennis	377	258	1:54:13	252	14:50	2:09:03	30 M: 40 to 49	M (180)
255	Jennifer Murphy	242	263	1:54:44	218	14:20	2:09:05	29 F: 30 to 39	F (75)
256	Conrad Racicot	442	273	1:56:09	143	12:57	2:09:06	62 M: 30 to 39	M (181)
257	Micheline Neidert	244	248	1:53:04	335	16:03	2:09:07	11 F: 50 to 59	F (76)
258	Duggan Legrow	417	283	1:57:30	73	11:40	2:09:10	11 M: 0 to 19	M (182)
259	Jeremy Baldwin	466	278	1:56:34	123	12:37	2:09:11	63 M: 30 to 39	M (183)
260	Reagan Croy	560	251	1:53:37	317	15:35	2:09:12	15 F: 20 to 29	F (77)
261	Gloria Juvonen	568	253	1:53:37	316	15:35	2:09:13	2 F: 60 to 69	F (78)
262	Gabriel Grunwald	309	254	1:53:46	306	15:26	2:09:13	64 M: 30 to 39	M (184)
263	Andrew Juvonen	567	252	1:53:37	320	15:36	2:09:13	38 M: 20 to 29	M (185)
264	Trina Simms	263	244	1:52:55	359	16:26	2:09:21	19 F: 40 to 49	F (79)
265	Rachel Swyer	588	269	1:55:47	180	13:41	2:09:28	16 F: 20 to 29	F (80)
266	Tammy Lahey	227	261	1:54:31	268	15:01	2:09:33	12 F: 50 to 59	F (81)
267	Erin Adams	189	275	1:56:12	193	13:55	2:10:07	30 F: 30 to 39	F (82)
268	Mariann Evans	210	270	1:55:49	220	14:22	2:10:11	20 F: 40 to 49	F (83)
269	Rebecca Barney	121	266	1:55:21	266	15:01	2:10:22	31 F: 30 to 39	F (84)
270	Nick Diamond (PRCA)	486	285	1:57:37	138	12:51	2:10:29	65 M: 30 to 39	M (186)
271	Heidi Adams	112	268	1:55:46	263	14:57	2:10:44	32 F: 30 to 39	F (85)
272	Thomas Warren	458	286	1:57:42	181	13:41	2:11:23	39 M: 20 to 29	M (187)
273	Jessica Woodman	273	279	1:56:34	255	14:52	2:11:26	33 F: 30 to 39	F (86)
274	Gerry Mayo (PRCA)	574	265	1:55:01	362	16:27	2:11:28	15 M: 60 to 69	M (188)
275	Harrison Brooks	469	287	1:57:42	190	13:51	2:11:34	40 M: 20 to 29	M (189)
276	Megan George	211	272	1:56:05	312	15:29	2:11:35	34 F: 30 to 39	F (87)
277	Rachel Waddleton	185	276	1:56:26	282	15:13	2:11:40	17 F: 20 to 29	F (88)
278	Tara Foley	382	274	1:56:10	313	15:31	2:11:42	18 F: 20 to 29	F (89)
279	Jamie Traverse	545	267	1:55:42	336	16:05	2:11:48	66 M: 30 to 39	M (190)
280	Leigha Meaney	162	262	1:54:33	389	17:15	2:11:49	3 F: 0 to 19	F (90)
281	Emily Eaton	138	282	1:56:51	293	15:17	2:12:08	21 F: 40 to 49	F (91)
282	Chamila Liyanage	505	280	1:56:35	319	15:35	2:12:11	31 M: 40 to 49	M (191)
283	Linah Lipesa Mudenge	167	277	1:56:30	326	15:54	2:12:25	35 F: 30 to 39	F (92)
284	Bud Whitten	552	284	1:57:33	265	15:00	2:12:34	16 M: 60 to 69	M (192)
285	Leon Dowden	304	264	1:54:50	406	17:52	2:12:42	32 M: 40 to 49	M (193)
286	Natasha Mitchell	166	307	1:59:02	192	13:54	2:12:56	36 F: 30 to 39	F (93)
287	Josh Foster	494	305	1:58:54	200	14:03	2:12:57	67 M: 30 to 39	M (194)
288	Rachel Bishop	194	296	1:58:16	245	14:43	2:13:00	19 F: 20 to 29	F (94)
289	Tushar Sariya	445	288	1:57:50	284	15:13	2:13:04	41 M: 20 to 29	M (195)
290	Amanda Cooper	205	297	1:58:21	247	14:45	2:13:06	37 F: 30 to 39	F (95)
291	Gillian Read	175	303	1:58:34	239	14:38	2:13:13	20 F: 20 to 29	F (96)
292	Grace O'Brien	168	300	1:58:27	249	14:46	2:13:14	4 F: 0 to 19	F (97)
293	Michael Gosse	496	299	1:58:26	250	14:47	2:13:14	12 M: 0 to 19	M (196)
294	James Smith	538	271	1:55:56	391	17:22	2:13:19	33 M: 40 to 49	M (197)
295	Desmond Power	580	281	1:56:40	375	16:43	2:13:24	28 M: 50 to 59	M (198)
296	Kathryn Hancock (PRCA)	214	292	1:58:08	291	15:17	2:13:25	38 F: 30 to 39	F (98)
297	Noah Williams	553	309	1:59:36	201	14:04	2:13:40	42 M: 20 to 29	M (199)
298	Wendy Read	256	301	1:58:32	289	15:15	2:13:48	13 F: 50 to 59	F (99)
299	Jeffrey Hayward	394	314	2:00:08	191	13:53	2:14:01	43 M: 20 to 29	M (200)
300	Melanie Noseworthy	249	308	1:59:33	237	14:37	2:14:10	14 F: 50 to 59	F (100)

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Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
301	Kateryna Hlamazdenko	219	291	1:58:06	339	16:08	2:14:14	39 F: 30 to 39	F (101)
302	Kevin Xiao	463	312	1:59:51	233	14:33	2:14:25	44 M: 20 to 29	M (201)
303	Jaspen Barker	191	295	1:58:15	344	16:11	2:14:27	40 F: 30 to 39	F (102)
304	Val Hynes	220	302	1:58:33	333	16:02	2:14:36	15 F: 50 to 59	F (103)
305	Lynn Whitten	349	294	1:58:12	360	16:26	2:14:39	22 F: 40 to 49	F (104)
306	Lisa Spurrell	264	293	1:58:12	367	16:35	2:14:47	23 F: 40 to 49	F (105)
307	Tessa Thorne	268	311	1:59:45	278	15:12	2:14:57	21 F: 20 to 29	F (106)
308	Courtney Langmead	228	310	1:59:44	279	15:12	2:14:57	22 F: 20 to 29	F (107)
309	Jason MacDonald	316	289	1:57:54	390	17:16	2:15:11	29 M: 50 to 59	M (202)
310	Christopher Tobin	297	298	1:58:22	378	16:49	2:15:11	34 M: 40 to 49	M (203)
311	Dennis Flynn (ANER)	381	304	1:58:53	354	16:19	2:15:12	30 M: 50 to 59	M (204)
312	Luc Paulin	319	306	1:58:58	356	16:21	2:15:20	17 M: 60 to 69	M (205)
313	Steven Lockyer	230	290	1:57:56	392	17:29	2:15:25	31 M: 50 to 59	M (206)
314	Leanne Kelland	153	317	2:00:14	281	15:13	2:15:27	24 F: 40 to 49	F (108)
315	Karyn Laporte	156	315	2:00:12	286	15:14	2:15:27	25 F: 40 to 49	F (109)
316	Vanessa Cluett	133	316	2:00:13	285	15:14	2:15:27	26 F: 40 to 49	F (110)
317	Rita Stright	267	318	2:00:14	295	15:17	2:15:31	27 F: 40 to 49	F (111)
318	Carla Chaytor	276	313	2:00:04	340	16:08	2:16:13	41 F: 30 to 39	F (112)
319	Lisa Bungay	127	325	2:01:06	276	15:09	2:16:15	16 F: 50 to 59	F (113)
320	Ricky Penarubia	436	321	2:00:46	310	15:29	2:16:16	68 M: 30 to 39	M (207)
321	Aimee Penarubia	169	323	2:00:54	300	15:21	2:16:16	42 F: 30 to 39	F (114)
322	Terasena Power	253	327	2:01:21	273	15:08	2:16:29	28 F: 40 to 49	F (115)
323	Phoebe Bartlett	122	319	2:00:25	337	16:06	2:16:31	17 F: 50 to 59	F (116)
324	Maria Mulcahy	239	331	2:02:18	226	14:24	2:16:42	43 F: 30 to 39	F (117)
325	Brett Ryan	536	329	2:01:29	308	15:27	2:16:57	69 M: 30 to 39	M (208)
326	Isabelle Allard (SRNL)	117	324	2:01:03	329	15:59	2:17:03	18 F: 50 to 59	F (118)
327	Adonna Williams	272	326	2:01:12	334	16:03	2:17:15	29 F: 40 to 49	F (119)
328	Jason Silver	321	332	2:02:19	269	15:03	2:17:22	32 M: 50 to 59	M (209)
329	Breanne Owens	250	328	2:01:25	351	16:18	2:17:43	44 F: 30 to 39	F (120)
330	Andy Stamp	542	334	2:02:44	307	15:27	2:18:12	35 M: 40 to 49	M (210)
331	Omar Shogan	584	320	2:00:44	393	17:31	2:18:15	70 M: 30 to 39	M (211)
332	Allison Blanchard	125	335	2:03:25	256	14:52	2:18:18	23 F: 20 to 29	F (121)
333	Cathy Belic	124	333	2:02:27	350	16:17	2:18:45	3 F: 60 to 69	F (122)
334	Ryan Antle	299	337	2:03:37	280	15:13	2:18:50	71 M: 30 to 39	M (212)
335	Darcie Cohen	203	339	2:03:43	274	15:08	2:18:51	30 F: 40 to 49	F (123)
336	Laura Keegan	222	322	2:00:49	410	18:06	2:18:56	31 F: 40 to 49	F (124)
337	Morgan Hatcher	392	338	2:03:41	294	15:17	2:18:58	24 F: 20 to 29	F (125)
338	Dan Puddephatt	528	353	2:05:20	182	13:46	2:19:07	36 M: 40 to 49	M (213)
339	Anna Linegar	229	351	2:04:58	238	14:38	2:19:36	32 F: 40 to 49	F (126)
340	Pasan Keragala	408	346	2:04:24	314	15:34	2:19:58	45 M: 20 to 29	M (214)
341	Allison Saunders	178	336	2:03:25	370	16:39	2:20:04	25 F: 20 to 29	F (127)
342	Dave Dearborn	334	348	2:04:44	302	15:23	2:20:08	18 M: 60 to 69	M (215)
343	Courtney Eddy	561	340	2:03:59	358	16:25	2:20:24	45 F: 30 to 39	F (128)
344	Tracy Durnford (ANER)	137	345	2:04:23	332	16:02	2:20:25	19 F: 50 to 59	F (129)
345	Bernadette Jerrett	7	347	2:04:25	330	16:01	2:20:27	4 F: 60 to 69	F (130)
346	Jessica North	248	342	2:04:17	343	16:11	2:20:29	46 F: 30 to 39	F (131)
347	Robert North	518	343	2:04:18	342	16:10	2:20:29	19 M: 60 to 69	M (216)
348	Jo Mark Zurel	554	344	2:04:23	338	16:06	2:20:29	20 M: 60 to 69	M (217)
349	Lee Puddephatt	254	352	2:05:20	288	15:15	2:20:35	33 F: 40 to 49	F (132)
350	Janet MacGillivray	234	341	2:04:09	366	16:32	2:20:42	34 F: 40 to 49	F (133)

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Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
351	Matthew Culp	371	355	2:05:30	304	15:24	2:20:55	37 M: 40 to 49	M (218)
352	Craig Crawley	559	361	2:06:51	210	14:13	2:21:05	33 M: 50 to 59	M (219)
353	Julia Bassler	123	330	2:01:59	431	19:07	2:21:06	5 F: 0 to 19	F (134)
354	Karen Mercer	236	349	2:04:54	361	16:26	2:21:21	35 F: 40 to 49	F (135)
355	Ally Whey	271	354	2:05:28	349	16:17	2:21:46	47 F: 30 to 39	F (136)
356	Bruce Quinton	529	359	2:06:48	301	15:22	2:22:10	38 M: 40 to 49	M (220)
357	Corey Brown	470	358	2:06:10	365	16:32	2:22:42	39 M: 40 to 49	M (221)
358	Carolyn King (SRNL)	107	367	2:07:36	299	15:21	2:22:58	36 F: 40 to 49	F (137)
359	Angela Careen	130	356	2:05:39	400	17:39	2:23:18	48 F: 30 to 39	F (138)
360	Kim Kerrivan	226	357	2:05:39	405	17:45	2:23:25	49 F: 30 to 39	F (139)
361	Sarah Peters	172	364	2:07:28	331	16:02	2:23:30	37 F: 40 to 49	F (140)
362	Jeff Trahey	454	366	2:07:29	347	16:15	2:23:44	34 M: 50 to 59	M (222)
363	Debbie Rice-Jerrett	257	365	2:07:28	355	16:20	2:23:48	20 F: 50 to 59	F (141)
364	Linda Ennis	208	363	2:07:27	357	16:22	2:23:50	21 F: 50 to 59	F (142)
365	Kenneth Smith	539	362	2:07:05	376	16:46	2:23:52	35 M: 50 to 59	M (223)
366	Andrea Power	252	369	2:08:38	325	15:54	2:24:32	22 F: 50 to 59	F (143)
367	Ryan Glynn	336	350	2:04:55	440	19:39	2:24:35	40 M: 40 to 49	M (224)
368	Jennifer Collingwood	277	368	2:08:03	387	17:13	2:25:17	38 F: 40 to 49	F (144)
369	King King Ting	182	370	2:09:05	372	16:40	2:25:45	39 F: 40 to 49	F (145)
370	Teresa Oman	578	360	2:06:51	430	19:06	2:25:58	23 F: 50 to 59	F (146)
371	Stacy Snow	179	375	2:10:32	311	15:29	2:26:02	26 F: 20 to 29	F (147)
372	Stephanie Hicks	218	373	2:10:01	364	16:30	2:26:32	50 F: 30 to 39	F (148)
373	Jamila Rempel	443	374	2:10:15	374	16:42	2:26:57	51 F: 30 to 39	F (149)
374	Meghan Cahill	197	378	2:11:07	346	16:15	2:27:22	52 F: 30 to 39	F (150)
375	Jade Williams	187	384	2:12:00	321	15:37	2:27:37	27 F: 20 to 29	F (151)
376	Pamela Walsh	186	371	2:09:41	417	18:22	2:28:03	5 F: 60 to 69	F (152)
377	Miles Fryett	307	386	2:12:30	315	15:34	2:28:05	46 M: 20 to 29	M (225)
378	Tina Belbin	274	376	2:10:37	399	17:38	2:28:16	24 F: 50 to 59	F (153)
379	Bill Saunders	583	379	2:11:23	384	17:06	2:28:29	1 M: 80 and Over	M (226)
380	Rocky Snook	322	372	2:09:58	419	18:38	2:28:37	72 M: 30 to 39	M (227)
381	Donna Burt	3	377	2:11:07	395	17:35	2:28:42	6 F: 60 to 69	F (154)
382	Lyna Naseri	243	381	2:11:48	402	17:42	2:29:30	40 F: 40 to 49	F (155)
383	Tanya Jugan	150	382	2:11:48	401	17:42	2:29:30	41 F: 40 to 49	F (156)
384	Tammy Anstey	118	380	2:11:28	409	18:04	2:29:32	42 F: 40 to 49	F (157)
385	Nicholas Burt	472	391	2:14:26	290	15:16	2:29:42	47 M: 20 to 29	M (228)
386	Kayla Blake	195	392	2:14:37	303	15:23	2:30:01	53 F: 30 to 39	F (158)
387	Jordan Walsh	548	383	2:11:49	413	18:11	2:30:01	73 M: 30 to 39	M (229)
388	Gus Mercer	317	385	2:12:16	415	18:13	2:30:29	36 M: 50 to 59	M (230)
389	Renee Tucker	183	390	2:14:15	363	16:28	2:30:44	43 F: 40 to 49	F (159)
390	Sabrina Morgan	238	393	2:14:42	345	16:13	2:30:55	25 F: 50 to 59	F (160)
391	Sarah Hand	215	394	2:14:51	348	16:16	2:31:07	54 F: 30 to 39	F (161)
392	Mark Cieslewicz	366	398	2:16:18	267	15:01	2:31:19	48 M: 20 to 29	M (231)
393	Gerald Lambe	411	387	2:13:19	414	18:12	2:31:31	2 M: 70 to 79	M (232)
394	Rae Kingdon	154	397	2:16:16	323	15:46	2:32:03	7 F: 60 to 69	F (162)
395	Arlene Williams	592	389	2:14:08	412	18:09	2:32:17	8 F: 60 to 69	F (163)
396	Anthony Deveau	485	395	2:15:00	398	17:36	2:32:37	74 M: 30 to 39	M (233)
397	Desmond Wheaton	549	388	2:13:36	432	19:07	2:32:44	49 M: 20 to 29	M (234)
398	Bryan Tucker	546	396	2:16:07	371	16:39	2:32:47	41 M: 40 to 49	M (235)
399	Emily Reynolds	177	400	2:17:38	382	17:00	2:34:39	28 F: 20 to 29	F (164)
400	Christina Cole	134	401	2:17:40	381	16:59	2:34:39	44 F: 40 to 49	F (165)

Capital Subaru Cape to Cabot 20k

Overall Finish List

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Timing & Results by Athletics NorthEAST

Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
401	Julie Fitzpatrick	144	410	2:19:52	270	15:04	2:34:57	55 F: 30 to 39	F (166)
402	Elizabeth Power	289	403	2:18:17	373	16:41	2:34:59	56 F: 30 to 39	F (167)
403	Florence Barron (ANER)	101	402	2:18:14	403	17:43	2:35:57	1 F: 80 and Ov	F (168)
404	Natasha Moss	515	404	2:18:31	396	17:36	2:36:07	57 F: 30 to 39	F (169)
405	Emily North	287	405	2:18:31	397	17:36	2:36:07	58 F: 30 to 39	F (170)
406	Paul Roebathan	534	399	2:17:35	433	19:10	2:36:46	75 M: 30 to 39	M (236)
407	Brooke Lundrigan	232	412	2:19:58	380	16:53	2:36:52	29 F: 20 to 29	F (171)
408	Regina Coady	4	407	2:19:23	404	17:43	2:37:06	9 F: 60 to 69	F (172)
409	Allison Butler	196	413	2:19:58	386	17:13	2:37:12	45 F: 40 to 49	F (173)
410	Kim Fitzgerald	142	411	2:19:58	388	17:14	2:37:12	46 F: 40 to 49	F (174)
411	Diane Roberts	259	414	2:20:32	379	16:53	2:37:26	10 F: 60 to 69	F (175)
412	Ryan Butt	473	415	2:20:54	377	16:48	2:37:42	76 M: 30 to 39	M (237)
413	Aliyah Dunn	280	408	2:19:32	421	18:45	2:38:17	30 F: 20 to 29	F (176)
414	Ma Karlina I Tuan	269	406	2:18:57	438	19:33	2:38:30	59 F: 30 to 39	F (177)
415	Kayla Powell	288	409	2:19:42	439	19:37	2:39:19	60 F: 30 to 39	F (178)
416	Jessie Cahill-Bouzane	294	420	2:21:56	394	17:34	2:39:30	61 F: 30 to 39	F (179)
417	Dan Owens	8	419	2:21:53	411	18:08	2:40:01	21 M: 60 to 69	M (238)
418	Stephen Perchard	525	427	2:23:05	383	17:00	2:40:06	42 M: 40 to 49	M (239)
419	Kristine Raymond	582	426	2:23:04	385	17:07	2:40:11	2 F: 70 to 79	F (180)
420	Janine Hynes	566	424	2:22:20	407	17:54	2:40:14	26 F: 50 to 59	F (181)
421	Rebekah Kenny	283	417	2:21:30	423	18:49	2:40:19	62 F: 30 to 39	F (182)
422	Stanley Budden	361	418	2:21:50	418	18:38	2:40:28	37 M: 50 to 59	M (240)
423	Kenneth Scott	12	423	2:22:19	416	18:20	2:40:40	22 M: 60 to 69	M (241)
424	Dianne Mitchinson	237	416	2:21:24	437	19:23	2:40:47	47 F: 40 to 49	F (183)
425	Mary Beresford	193	428	2:23:20	408	18:03	2:41:23	48 F: 40 to 49	F (184)
426	Karen Lacey (SRNL)	573	421	2:22:06	435	19:18	2:41:25	27 F: 50 to 59	F (185)
427	Glenda Hayward	216	422	2:22:07	434	19:18	2:41:25	28 F: 50 to 59	F (186)
428	Jason Lecoure	415	434	2:26:11	368	16:36	2:42:48	43 M: 40 to 49	M (242)
429	Tim Fair	306	425	2:22:59	443	19:50	2:42:50	77 M: 30 to 39	M (243)
430	Sheila Flynn	114	432	2:24:05	422	18:49	2:42:54	29 F: 50 to 59	F (187)
431	June Kirkland-Smith (PRCA)	284	431	2:24:03	426	18:51	2:42:55	11 F: 60 to 69	F (188)
432	Krista Gruber	282	430	2:23:52	436	19:22	2:43:15	63 F: 30 to 39	F (189)
433	Mike Fleming	492	429	2:23:23	449	20:41	2:44:04	3 M: 70 to 79	M (244)
434	Kurt Porter	579	433	2:24:26	444	20:02	2:44:29	44 M: 40 to 49	M (245)
435	Kristen Blagdon	327	438	2:29:33	327	15:54	2:45:28	64 F: 30 to 39	F (190)
436	Alfred Power	10	435	2:27:13	429	19:04	2:46:18	23 M: 60 to 69	M (246)
437	Trudy Coombs	278	436	2:29:14	424	18:49	2:48:03	30 F: 50 to 59	F (191)
438	Susan Thorne	590	437	2:29:14	425	18:49	2:48:03	31 F: 50 to 59	F (192)
439	Will Hibbs	310	440	2:29:47	420	18:42	2:48:29	50 M: 20 to 29	M (247)
440	Stephen Burrows	302	443	2:32:23	352	16:19	2:48:43	4 M: 70 to 79	M (248)
441	Rowneil Borja	359	442	2:31:16	445	20:05	2:51:22	78 M: 30 to 39	M (249)
442	Rivers Cafferty	363	441	2:31:16	446	20:06	2:51:22	51 M: 20 to 29	M (250)
443	Gail Collins	204	439	2:29:40	454	22:15	2:51:56	3 F: 70 to 79	F (193)
444	Linda Ryan	262	444	2:32:27	442	19:47	2:52:14	4 F: 70 to 79	F (194)
445	Femy Mathew	235	445	2:34:07	441	19:46	2:53:53	49 F: 40 to 49	F (195)
446	Anne Pugsley	290	446	2:34:16	448	20:22	2:54:39	32 F: 50 to 59	F (196)
447	Joseph Brown	300	447	2:36:50	456	22:46	2:59:37	24 M: 60 to 69	M (251)
448	Paul Raymond	530	448	2:39:30	447	20:09	2:59:40	5 M: 70 to 79	M (252)
449	Debbie Palmer	251	449	2:43:56	451	21:44	3:05:41	12 F: 60 to 69	F (197)
450	Anne McAuslan	575	450	2:44:57	455	22:28	3:07:25	5 F: 70 to 79	F (198)

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Timing & Results by Athletics NorthEAST

Place	Name	Bib	18.39 km Rank	18.39 km Time	Mile Rank	Mile Time	Gun Time	Age Group Place	Gender Place
451	Graham Howard	499	451	2:45:53	450	21:41	3:07:35	6 M: 70 to 79	M (253)
452	Su Alteen	298	455	2:53:15	254	14:51	3:08:07	31 F: 20 to 29	F (199)
453	Michael Noseworthy	519	453	2:50:56	427	19:00	3:09:56	45 M: 40 to 49	M (254)
454	Mark Noseworthy	433	452	2:50:55	428	19:01	3:09:56	79 M: 30 to 39	M (255)
455	Margaret Coward	279	454	2:53:15	457	25:12	3:18:28	33 F: 50 to 59	F (200)
456	Robin McCabe	115	456	2:56:20	453	22:10	3:18:31	65 F: 30 to 39	F (201)
457	Theresa England	139	457	2:56:23	452	22:08	3:18:31	6 F: 70 to 79	F (202)
458	Renee Boileau	275	458	3:10:45	459	31:00	3:41:45	13 F: 60 to 69	F (203)
459	Dana Murphy	116	459	3:16:20	458	30:09	3:46:30	50 F: 40 to 49	F (204)