

# Orangetheory Fitness Cape to Cabot 20k

## Overall Finish List

October 15, 2017

Timing & Results by Athletics NorthEAST

Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Age Group Place	Gender Place
1	185	Mark Greene	1	1:08:11	2	8:11	1:16:23	1 M 30-39	M (1)
2	53	Seamus Boyd-Porter (ANER)	2	1:08:46	1	8:10	1:16:56	1 M 20-29	M (2)
3	252	Charlie Kourvelas (ANER)	3	1:12:06	11	9:17	1:21:23	2 M 30-39	M (3)
4	190	Jason Guy	4	1:12:41	18	9:40	1:22:22	3 M 30-39	M (4)
5	144	Edward Durnford (ANER)	5	1:15:14	4	8:24	1:23:39	1 M 50-59	M (5)
6	267	Mark Lawrence	8	1:16:49	9	9:11	1:26:01	1 M 40-49	M (6)
7	21	James Asquith	11	1:17:19	6	8:42	1:26:01	4 M 30-39	M (7)
8	96	Ben Collingwood (ANER)	6	1:16:41	13	9:29	1:26:11	2 M 20-29	M (8)
9	102	Daniel Conway (ANER)	9	1:16:50	14	9:30	1:26:21	3 M 20-29	M (9)
10	352	Mike Peddle	10	1:17:18	8	9:10	1:26:29	2 M 40-49	M (10)
11	74	Brian Caines	7	1:16:46	26	9:48	1:26:35	3 M 40-49	M (11)
12	481	James Warner Smith	13	1:17:45	7	9:02	1:26:48	4 M 20-29	M (12)
13	298	Caroline McIlroy	12	1:17:29	16	9:38	1:27:08	1 F 40-49	F (1)
14	13	Jonathan Adey (ANER)	14	1:18:10	10	9:14	1:27:25	5 M 30-39	M (13)
15	237	Matthew Jurik	15	1:18:26	20	9:41	1:28:08	4 M 40-49	M (14)
16	395	Abrham Rodgers	16	1:18:42	45	10:16	1:28:59	1 M 0-19	M (15)
17	198	Brian Harnett	17	1:18:51	41	10:14	1:29:06	5 M 20-29	M (16)
18	149	Steve Emberley	18	1:19:24	29	9:58	1:29:23	6 M 30-39	M (17)
19	508	Alison Walsh	19	1:19:29	34	10:06	1:29:36	1 F 30-39	F (2)
20	313	Bradley Morris	20	1:19:58	17	9:39	1:29:38	6 M 20-29	M (18)
21	445	John Svec	21	1:20:08	19	9:40	1:29:49	2 M 50-59	M (19)
22	470	Erik Veitch	24	1:20:38	12	9:25	1:30:04	7 M 20-29	M (20)
23	143	Tom Dunne	23	1:20:37	21	9:43	1:30:21	7 M 30-39	M (21)
24	147	Douglas Elliott	25	1:20:41	25	9:47	1:30:29	8 M 30-39	M (22)
25	140	William Duggan (ANER)	22	1:20:35	28	9:55	1:30:31	8 M 20-29	M (23)
26	425	Adrian Smith	26	1:20:48	30	10:04	1:30:53	9 M 20-29	M (24)
27	333	Bernie North	30	1:21:30	39	10:12	1:31:43	5 M 40-49	M (25)
28	366	Joonas Plaan	28	1:21:26	50	10:32	1:31:59	9 M 30-39	M (26)
29	405	Chris Ryan	27	1:20:54	74	11:16	1:32:11	10 M 30-39	M (27)
30	418	Janelle Simmons (ANER)	29	1:21:28	69	11:11	1:32:40	2 F 30-39	F (3)
31	177	Ryan Glynn (PRCA)	32	1:22:44	35	10:06	1:32:51	11 M 30-39	M (28)
32	15	Marc Alivio (PRCA)	31	1:22:08	56	10:42	1:32:51	12 M 30-39	M (29)
33	468	Melanie Van Soeren (ANER)	33	1:22:54	40	10:13	1:33:08	1 F 20-29	F (4)

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34	386	Mark Richards	34	1:23:02	37	10:11	1:33:14	13 M 30-39	M (30)
35	181	Darrin Goulding	36	1:23:56	22	9:47	1:33:44	14 M 30-39	M (31)
36	504	Renat Yulmetov	37	1:23:58	33	10:06	1:34:05	10 M 20-29	M (32)
37	42	Chad Benteau	45	1:25:47	5	8:24	1:34:12	15 M 30-39	M (33)
38	314	Andrea Morrissey	38	1:23:59	44	10:16	1:34:16	3 F 30-39	F (5)
39	249	Mark King	40	1:24:28	24	9:47	1:34:16	3 M 50-59	M (34)
40	214	Brett Holloway	35	1:23:26	65	11:01	1:34:28	11 M 20-29	M (35)
41	321	Leroy Murphy (ANER)	39	1:24:16	42	10:14	1:34:30	4 M 50-59	M (36)
42	179	Sarah Goodridge	42	1:24:42	31	10:04	1:34:47	2 F 20-29	F (6)
43	255	Michael Ladha	41	1:24:39	49	10:30	1:35:10	16 M 30-39	M (37)
44	327	Christopher Nash	44	1:25:45	32	10:05	1:35:51	12 M 20-29	M (38)
45	174	Robert Glover	48	1:26:26	15	9:30	1:35:57	17 M 30-39	M (39)
46	329	Stephanie Nevin (ANER)	46	1:26:05	67	11:06	1:37:11	3 F 20-29	F (7)
47	231	Robert Jobling	47	1:26:20	63	11:01	1:37:21	18 M 30-39	M (40)
48	155	Adam Fitzgerald	43	1:24:54	146	12:40	1:37:35	19 M 30-39	M (41)
49	473	Katie Wadden (ANER)	49	1:26:55	77	11:17	1:38:12	4 F 30-39	F (8)
50	213	Nicole Hollohan	50	1:27:10	76	11:17	1:38:27	4 F 20-29	F (9)
51	323	Mike Murphy	51	1:27:22	78	11:19	1:38:42	6 M 40-49	M (42)
52	302	Daniel Mercer	53	1:28:30	43	10:15	1:38:45	20 M 30-39	M (43)
53	474	Zach Wade	57	1:29:11	23	9:47	1:38:58	13 M 20-29	M (44)
54	354	Danny Penton	55	1:29:01	53	10:38	1:39:40	7 M 40-49	M (45)
55	204	Bradley Hickey	54	1:29:00	54	10:40	1:39:41	8 M 40-49	M (46)
56	494	Julia Whitten	52	1:28:16	95	11:40	1:39:57	5 F 30-39	F (10)
57	244	Carson Kenny	71	1:31:52	3	8:14	1:40:07	2 M 0-19	M (47)
58	463	Long Truong (ANER)	56	1:29:08	73	11:15	1:40:24	9 M 40-49	M (48)
59	169	Chris Galley	58	1:29:43	60	10:56	1:40:39	14 M 20-29	M (49)
60	197	Matt Hardy	63	1:30:51	27	9:51	1:40:43	21 M 30-39	M (50)
61	358	Damien Pike	59	1:29:43	64	11:01	1:40:45	15 M 20-29	M (51)
62	482	Duane Warren	60	1:29:50	75	11:16	1:41:06	10 M 40-49	M (52)
63	106	David Cooper (NAUT)	62	1:30:50	55	10:40	1:41:31	1 M 60-69	M (53)
64	349	Chris Payne	61	1:30:39	58	10:53	1:41:33	22 M 30-39	M (54)
65	248	Mitch Kidd	65	1:31:12	52	10:36	1:41:48	16 M 20-29	M (55)
66	58	Linz Buckingham	70	1:31:49	38	10:11	1:42:01	5 F 20-29	F (11)

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67	322	Margo Murphy (ANER)	66	1:31:15	57	10:45	1:42:01	6 F 30-39	F (12)
68	397	James Rose	64	1:31:08	70	11:11	1:42:20	23 M 30-39	M (56)
69	356	Mark Peters	75	1:32:16	46	10:26	1:42:42	11 M 40-49	M (57)
70	79	Ed Card	77	1:32:54	36	10:09	1:43:03	24 M 30-39	M (58)
71	93	Jeff Cluney (PRCA)	72	1:31:53	71	11:12	1:43:06	12 M 40-49	M (59)
72	57	Jon Bruce	78	1:32:57	48	10:28	1:43:26	25 M 30-39	M (60)
73	165	Ryan Froude	67	1:31:37	101	11:54	1:43:31	26 M 30-39	M (61)
74	1	Jeff Barnes (ANER)	68	1:31:40	114	12:14	1:43:54	13 M 40-49	M (62)
75	269	James Leblanc	69	1:31:47	128	12:26	1:44:13	27 M 30-39	M (63)
76	49	Pradeep Bobby (ANER)	73	1:31:57	137	12:29	1:44:27	14 M 40-49	M (64)
77	113	Brian Croft (PRCA)	76	1:32:40	104	12:00	1:44:40	5 M 50-59	M (65)
78	448	Shane Taylor (ANER)	74	1:32:15	143	12:37	1:44:52	28 M 30-39	M (66)
79	259	Graham Langridge	79	1:33:19	93	11:38	1:44:58	15 M 40-49	M (67)
80	331	Conrad Nickels	84	1:34:01	61	10:57	1:44:59	29 M 30-39	M (68)
81	171	Philippe Gauthier	90	1:34:43	47	10:28	1:45:11	30 M 30-39	M (69)
82	462	Sherri Tran	82	1:33:57	79	11:20	1:45:17	7 F 30-39	F (13)
83	369	Stephanie Porter (NAUT)	80	1:33:24	112	12:11	1:45:35	2 F 40-49	F (14)
84	208	Barry Hicks (RRCG)	86	1:34:14	89	11:34	1:45:49	6 M 50-59	M (70)
85	400	Vicki Rose	83	1:33:58	102	11:54	1:45:53	3 F 40-49	F (15)
86	243	Gary Kennell	89	1:34:34	80	11:25	1:45:59	16 M 40-49	M (71)
87	320	Kieran Murphy	98	1:35:28	62	11:00	1:46:28	17 M 40-49	M (72)
88	340	Nelson Osmond	81	1:33:40	157	12:49	1:46:29	7 M 50-59	M (73)
89	193	Dean Hammond	88	1:34:34	111	12:09	1:46:44	31 M 30-39	M (74)
90	183	Cory Grandy	87	1:34:17	138	12:31	1:46:48	18 M 40-49	M (75)
91	182	Doug Graham	102	1:35:53	66	11:04	1:46:58	8 M 50-59	M (76)
92	22	Stephane Autin	85	1:34:14	159	12:50	1:47:04	19 M 40-49	M (77)
93	122	Sarah Deck	104	1:36:31	51	10:35	1:47:06	6 F 20-29	F (16)
94	104	Damien Coombs	100	1:35:46	81	11:26	1:47:12	32 M 30-39	M (78)
95	180	Andrew Gosse (PRCA)	92	1:35:06	108	12:08	1:47:14	20 M 40-49	M (79)
96	238	Dennis Keaveney	93	1:35:08	109	12:08	1:47:17	17 M 20-29	M (80)
97	203	Jeff Hepburn	101	1:35:48	85	11:29	1:47:18	33 M 30-39	M (81)
98	300	Dan Meades	91	1:34:59	127	12:26	1:47:26	34 M 30-39	M (82)
99	318	Jody Murphy (ANER)	114	1:36:58	59	10:54	1:47:53	21 M 40-49	M (83)

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100	307	William Mitchell	96	1:35:19	152	12:45	1:48:05	35 M 30-39	M (84)
101	469	Harvey Vardy	95	1:35:19	154	12:45	1:48:05	22 M 40-49	M (85)
102	277	Charles Luther	99	1:35:45	126	12:26	1:48:11	36 M 30-39	M (86)
103	480	Helen Ward	111	1:36:53	83	11:26	1:48:20	7 F 20-29	F (17)
104	479	Craig Ward	112	1:36:54	82	11:26	1:48:20	18 M 20-29	M (87)
105	84	Erik Charron (ANER)	113	1:36:57	91	11:38	1:48:36	37 M 30-39	M (88)
106	5	Paul Dillon	106	1:36:46	106	12:03	1:48:49	23 M 40-49	M (89)
107	262	Rick Lawes	105	1:36:39	115	12:15	1:48:55	2 M 60-69	M (90)
108	81	Jillian Carter	108	1:36:50	113	12:12	1:49:02	4 F 40-49	F (18)
109	6	Chris Flanagan (ANER)	118	1:37:14	99	11:48	1:49:03	9 M 50-59	M (91)
110	304	Patrick Merner	97	1:35:24	204	13:41	1:49:06	38 M 30-39	M (92)
111	426	Andrew Smith (ANER)	109	1:36:50	133	12:27	1:49:18	24 M 40-49	M (93)
112	489	Eddie Whelan	127	1:37:54	90	11:35	1:49:29	19 M 20-29	M (94)
113	188	Terry Gulliford	107	1:36:47	151	12:43	1:49:30	25 M 40-49	M (95)
114	442	Michelle Strang (MARC)	103	1:36:30	168	13:00	1:49:31	5 F 40-49	F (19)
115	506	Gerald McManus	119	1:37:24	110	12:09	1:49:34	10 M 50-59	M (96)
116	176	Keith Glynn (PRCA)	94	1:35:18	245	14:16	1:49:34	11 M 50-59	M (97)
117	199	Joan Hartery (ANER)	115	1:37:08	153	12:45	1:49:53	1 F 60-69	F (20)
118	388	Tracy Riggs	123	1:37:35	117	12:18	1:49:53	8 F 30-39	F (21)
119	172	Clem Gibbons	121	1:37:28	134	12:28	1:49:56	12 M 50-59	M (98)
120	210	Mitchell Hillis	126	1:37:53	107	12:08	1:50:01	20 M 20-29	M (99)
121	88	Heather Clarke (MARC)	125	1:37:47	120	12:20	1:50:08	6 F 40-49	F (22)
122	396	Arch Rose	132	1:38:37	88	11:31	1:50:09	13 M 50-59	M (100)
123	284	Bryan Manning	133	1:38:41	96	11:44	1:50:26	26 M 40-49	M (101)
124	239	Anthony Keeping	138	1:39:16	68	11:09	1:50:26	39 M 30-39	M (102)
125	220	Dave Humphries	110	1:36:53	205	13:44	1:50:38	27 M 40-49	M (103)
126	485	Katie Welsh	117	1:37:13	192	13:29	1:50:42	8 F 20-29	F (23)
127	367	Stephanie Pomeroy	135	1:38:50	100	11:52	1:50:43	9 F 20-29	F (24)
128	315	Jason Mortimer	124	1:37:41	171	13:03	1:50:44	28 M 40-49	M (104)
129	76	Jay Callanan (ANER)	116	1:37:10	198	13:35	1:50:45	3 M 60-69	M (105)
130	459	Christopher Tobin	129	1:38:06	149	12:41	1:50:48	40 M 30-39	M (106)
131	235	Heather Jones	130	1:38:27	132	12:27	1:50:54	7 F 40-49	F (25)
132	86	Sarah Churchill (ANER)	137	1:39:06	105	12:03	1:51:09	9 F 30-39	F (26)

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133	31	Brad Ball	131	1:38:31	164	12:57	1:51:28	29 M 40-49	M (107)
134	189	Tom Guthrie	120	1:37:27	235	14:05	1:51:32	41 M 30-39	M (108)
135	294	Derek McDonald	122	1:37:31	233	14:03	1:51:35	42 M 30-39	M (109)
136	148	David Emberley	128	1:37:57	202	13:41	1:51:38	30 M 40-49	M (110)
137	466	Terry Tucker	134	1:38:49	158	12:50	1:51:39	14 M 50-59	M (111)
138	402	Donna Rae Rowlands	142	1:39:26	125	12:25	1:51:52	1 F 50-59	F (27)
139	509	Gerald FitzGerald	149	1:40:13	92	11:38	1:51:52	15 M 50-59	M (112)
140	290	Yvonne Martin (ANER)	136	1:38:53	167	12:59	1:51:52	2 F 50-59	F (28)
141	283	Andrew Maloney	141	1:39:25	142	12:36	1:52:02	43 M 30-39	M (113)
142	476	Sharon Wall	154	1:40:50	72	11:14	1:52:04	10 F 30-39	F (29)
143	328	Chris Nevin	148	1:40:09	103	11:58	1:52:07	44 M 30-39	M (114)
144	91	Raymond Clarke	139	1:39:23	166	12:58	1:52:21	31 M 40-49	M (115)
145	11	Joe Ryan	144	1:39:46	147	12:40	1:52:26	4 M 60-69	M (116)
146	72	Kurtis Butt	146	1:39:50	144	12:37	1:52:28	3 M 0-19	M (117)
147	411	Steven Selst (PRCA)	145	1:39:50	170	13:03	1:52:53	45 M 30-39	M (118)
148	261	Laura Lawes	143	1:39:30	194	13:29	1:53:00	10 F 20-29	F (30)
149	439	Madonna Stewart	147	1:39:56	174	13:06	1:53:03	8 F 40-49	F (31)
150	136	Ryan Downey	161	1:41:35	86	11:31	1:53:07	46 M 30-39	M (119)
151	422	Andrea Singleton	151	1:40:38	140	12:33	1:53:11	11 F 30-39	F (32)
152	202	Janice Henstridge (PRCA)	155	1:40:55	122	12:21	1:53:16	9 F 40-49	F (33)
153	242	Tonia Kennedy (PRCA)	156	1:40:56	121	12:20	1:53:16	12 F 30-39	F (34)
154	25	Amanda Bailey	158	1:41:03	155	12:47	1:53:51	13 F 30-39	F (35)
155	164	Jessica French	162	1:41:36	118	12:18	1:53:54	11 F 20-29	F (36)
156	371	Desmond Power (ANER)	150	1:40:34	188	13:23	1:53:57	16 M 50-59	M (120)
157	303	Trevor Mercer	160	1:41:28	139	12:31	1:54:00	32 M 40-49	M (121)
158	163	Jocelyn Follett	152	1:40:44	184	13:19	1:54:03	14 F 30-39	F (37)
159	125	Gordon Delaney	169	1:42:28	94	11:39	1:54:07	47 M 30-39	M (122)
160	394	Laura Roche	170	1:42:28	97	11:44	1:54:13	12 F 20-29	F (38)
161	178	Sandy Goobie	157	1:41:02	177	13:12	1:54:14	10 F 40-49	F (39)
162	246	Mohammad Khan	163	1:41:49	130	12:27	1:54:17	48 M 30-39	M (123)
163	456	Amanda Tippett (PRCA)	159	1:41:16	169	13:01	1:54:17	15 F 30-39	F (40)
164	240	Chrystal Kelly	140	1:39:24	285	14:53	1:54:18	3 F 50-59	F (41)
165	98	Neil Collins	153	1:40:44	215	13:51	1:54:36	33 M 40-49	M (124)

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166	110	Ann Cowley	164	1:41:56	156	12:48	1:54:45	4 F 50-59	F (42)
167	134	Adrien Doucet	165	1:42:05	162	12:56	1:55:02	49 M 30-39	M (125)
168	368	Sandra Pope	171	1:42:33	145	12:38	1:55:12	11 F 40-49	F (43)
169	119	Patrick Dalton (ANER)	168	1:42:26	172	13:05	1:55:32	34 M 40-49	M (126)
170	24	Wayne Baggs	182	1:44:04	98	11:45	1:55:50	5 M 60-69	M (127)
171	161	David Foley	167	1:42:22	206	13:45	1:56:07	17 M 50-59	M (128)
172	124	Deanne Delahunty	166	1:42:17	214	13:51	1:56:08	12 F 40-49	F (44)
173	305	Michelle Mesh	172	1:42:45	207	13:46	1:56:31	13 F 40-49	F (45)
174	406	Kevin Ryan	173	1:43:11	186	13:19	1:56:31	6 M 60-69	M (129)
175	408	Bill Saunders	178	1:44:03	135	12:28	1:56:31	1 M 70-99	M (130)
176	223	Amy Hurford	183	1:44:24	116	12:16	1:56:40	16 F 30-39	F (46)
177	146	Ron Earles (PRCA)	177	1:43:56	179	13:14	1:57:10	18 M 50-59	M (131)
178	332	Jana Niederhauser	181	1:44:03	185	13:19	1:57:23	17 F 30-39	F (47)
179	389	Nancy Robbins	180	1:44:03	187	13:21	1:57:24	14 F 40-49	F (48)
180	83	Maria Chafe (PGNL)	192	1:45:12	129	12:26	1:57:39	1 F 0-19	F (49)
181	126	Percy Delaney	195	1:45:18	123	12:21	1:57:40	19 M 50-59	M (132)
182	263	Kenneth Lawlor	196	1:45:20	131	12:27	1:57:47	7 M 60-69	M (133)
183	117	Jay Cunningham	174	1:43:25	257	14:22	1:57:48	50 M 30-39	M (134)
184	100	Sharon Collins	179	1:44:03	209	13:46	1:57:50	15 F 40-49	F (50)
185	167	Ryan Furlong	176	1:43:50	239	14:09	1:58:00	51 M 30-39	M (135)
186	416	Michael Silver	197	1:45:21	160	12:51	1:58:12	4 M 0-19	M (136)
187	62	Natasha Buckle	200	1:45:35	150	12:42	1:58:18	13 F 20-29	F (51)
188	217	Suzanne Hotson	189	1:45:01	190	13:27	1:58:29	5 F 50-59	F (52)
189	281	Cheryl MacLean	184	1:44:36	225	13:59	1:58:36	18 F 30-39	F (53)
190	452	Adrienne Thoms (ANER)	190	1:45:07	197	13:32	1:58:39	16 F 40-49	F (54)
191	272	Andrew Leonard	175	1:43:36	298	15:08	1:58:45	52 M 30-39	M (137)
192	56	Joseph Brown	185	1:44:44	227	14:00	1:58:45	8 M 60-69	M (138)
193	339	Clarence O'Neill (ANER)	205	1:46:18	136	12:29	1:58:47	20 M 50-59	M (139)
194	153	Spencer Finlay (PGNL)	215	1:47:20	87	11:31	1:58:52	5 M 0-19	M (140)
195	306	Robert Mills	187	1:44:50	232	14:03	1:58:54	35 M 40-49	M (141)
196	55	Beverly Bromley	202	1:45:59	163	12:57	1:58:56	17 F 40-49	F (55)
197	492	Brian Whiteway	186	1:44:46	240	14:13	1:59:00	36 M 40-49	M (142)
198	40	Ryan Belbin	194	1:45:18	203	13:41	1:59:00	21 M 20-29	M (143)

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Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Age Group Place	Gender Place
199	7	Bernadette Jerrett	203	1:46:15	165	12:57	1:59:13	2 F 60-69	F (56)
200	432	Paul Snow (ANER)	201	1:45:52	191	13:28	1:59:20	21 M 50-59	M (144)
201	137	Mathieu Doyon	199	1:45:28	219	13:54	1:59:22	53 M 30-39	M (145)
202	444	Vanessa Sutton-Pande	214	1:47:06	119	12:19	1:59:26	18 F 40-49	F (57)
203	429	W George Smith	193	1:45:15	252	14:18	1:59:34	9 M 60-69	M (146)
204	253	Brian Kuwahara	188	1:44:51	282	14:47	1:59:39	10 M 60-69	M (147)
205	38	Brad Beckett	208	1:46:26	180	13:15	1:59:41	37 M 40-49	M (148)
206	380	Chris Randell	210	1:46:29	178	13:12	1:59:42	38 M 40-49	M (149)
207	150	Craig Ennis	204	1:46:17	189	13:26	1:59:43	39 M 40-49	M (150)
208	258	Tammy Lahey	212	1:46:32	176	13:11	1:59:44	19 F 40-49	F (58)
209	292	David Mayne (ANER)	198	1:45:27	270	14:33	2:00:01	22 M 50-59	M (151)
210	447	Glen Taylor	206	1:46:24	212	13:49	2:00:13	40 M 40-49	M (152)
211	196	Charlotte Hann	207	1:46:25	211	13:48	2:00:14	20 F 40-49	F (59)
212	319	Juanita Murphy (PRCA)	209	1:46:26	222	13:57	2:00:24	21 F 40-49	F (60)
213	464	Laura Tuck	218	1:47:43	161	12:54	2:00:37	22 F 40-49	F (61)
214	342	Dylan Pack	213	1:46:38	237	14:07	2:00:45	54 M 30-39	M (153)
215	218	Chris Hough	220	1:48:17	141	12:35	2:00:52	55 M 30-39	M (154)
216	393	John Robinson	191	1:45:08	356	16:10	2:01:18	11 M 60-69	M (155)
217	224	John Hurley (PRCA)	216	1:47:37	210	13:47	2:01:24	41 M 40-49	M (156)
218	484	Barbara Wells	219	1:47:52	213	13:50	2:01:42	19 F 30-39	F (62)
219	85	Ashley Chiasson	242	1:51:00	84	11:28	2:02:29	20 F 30-39	F (63)
220	101	Alex Conrad	211	1:46:31	354	16:07	2:02:39	56 M 30-39	M (157)
221	375	Tina Purcell (RRCG)	225	1:49:26	193	13:29	2:02:55	6 F 50-59	F (64)
222	266	Colleen Lawrence	226	1:49:34	196	13:30	2:03:04	21 F 30-39	F (65)
223	35	Tina Barry (PRCA)	222	1:48:59	243	14:15	2:03:15	23 F 40-49	F (66)
224	109	Morgan Courtney	233	1:50:01	181	13:15	2:03:17	2 F 0-19	F (67)
225	291	Eric May	223	1:49:15	229	14:01	2:03:17	12 M 60-69	M (158)
226	71	Melissa Butler	221	1:48:58	255	14:20	2:03:19	22 F 30-39	F (68)
227	384	Mary Reid	224	1:49:20	242	14:14	2:03:35	7 F 50-59	F (69)
228	206	John Hickman	236	1:50:06	220	13:55	2:04:01	23 M 50-59	M (159)
229	145	David Dwyer	240	1:50:54	175	13:11	2:04:06	24 M 50-59	M (160)
230	435	Kerry Spurrell	237	1:50:15	221	13:56	2:04:12	24 F 40-49	F (70)
231	219	Suzanne House	228	1:49:39	274	14:37	2:04:16	25 F 40-49	F (71)

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232	370	Andrew Power (PRCA)	232	1:49:59	254	14:19	2:04:19	57 M 30-39	M (161)
233	209	Jennifer Hillis	235	1:50:05	250	14:18	2:04:23	14 F 20-29	F (72)
234	337	Brian Oliver	231	1:49:53	267	14:29	2:04:23	58 M 30-39	M (162)
235	23	Jeremy Babstock	217	1:47:37	382	16:53	2:04:30	59 M 30-39	M (163)
236	78	Renee Campbell (ANER)	244	1:51:30	173	13:06	2:04:36	15 F 20-29	F (73)
237	407	Bill Saltman	239	1:50:44	236	14:07	2:04:51	13 M 60-69	M (164)
238	60	Andrea Buckle (PRCA)	229	1:49:40	306	15:13	2:04:53	23 F 30-39	F (74)
239	46	Shauna Bishop	241	1:50:57	234	14:04	2:05:02	24 F 30-39	F (75)
240	61	Kyle Buckle	256	1:52:39	124	12:24	2:05:03	60 M 30-39	M (165)
241	229	David Jeenes	248	1:51:48	183	13:17	2:05:06	42 M 40-49	M (166)
242	251	Sarah Knight	227	1:49:39	337	15:46	2:05:26	3 F 0-19	F (76)
243	421	Evan Simpson	230	1:49:52	323	15:36	2:05:28	2 M 70-99	M (167)
244	257	Paul Lahey (ANER)	245	1:51:34	238	14:08	2:05:42	14 M 60-69	M (168)
245	211	Virginia Hobbs (PRCA)	243	1:51:28	251	14:18	2:05:46	25 F 30-39	F (77)
246	130	Dana Dillon	254	1:52:23	195	13:30	2:05:54	26 F 30-39	F (78)
247	158	Barry Flynn	238	1:50:39	309	15:17	2:05:56	43 M 40-49	M (169)
248	359	Jill Pike (RRCG)	251	1:51:51	262	14:23	2:06:15	27 F 30-39	F (79)
249	446	Jennifer Swyers	249	1:51:48	269	14:33	2:06:21	28 F 30-39	F (80)
250	265	Ryan Lawlor	246	1:51:37	281	14:46	2:06:23	22 M 20-29	M (170)
251	345	Shelley Parkhouse (ANER)	262	1:53:14	182	13:16	2:06:31	26 F 40-49	F (81)
252	424	James Slade	255	1:52:36	230	14:01	2:06:38	25 M 50-59	M (171)
253	373	Nanette Power Goodridge	257	1:52:39	247	14:17	2:06:56	8 F 50-59	F (82)
254	159	Dennis Flynn (ANER)	250	1:51:51	297	15:06	2:06:58	26 M 50-59	M (172)
255	33	Florence Barron (ANER)	258	1:53:00	223	13:58	2:06:58	1 F 70-99	F (83)
256	108	Lana Courtney	264	1:53:23	217	13:53	2:07:16	9 F 50-59	F (84)
257	173	Roger Gillard	252	1:52:16	289	15:00	2:07:17	27 M 50-59	M (173)
258	472	Jennie Wadden	259	1:53:02	256	14:21	2:07:23	29 F 30-39	F (85)
259	443	Holly Strong	275	1:54:46	148	12:41	2:07:27	30 F 30-39	F (86)
260	120	Chris Dawson	247	1:51:46	344	15:52	2:07:38	28 M 50-59	M (174)
261	162	Maria Foley	263	1:53:20	258	14:23	2:07:43	27 F 40-49	F (87)
262	26	Keith Bailey	261	1:53:13	276	14:38	2:07:52	44 M 40-49	M (175)
263	192	Andrew Hallett (PRCA)	234	1:50:03	412	17:52	2:07:56	29 M 50-59	M (176)
264	276	Craig Loveless (PRCA)	253	1:52:21	325	15:37	2:07:58	45 M 40-49	M (177)



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265	295	Trent McDonald	266	1:53:46	266	14:29	2:08:15	61 M 30-39	M (178)
266	52	Rob Bowers	268	1:54:07	249	14:17	2:08:25	46 M 40-49	M (179)
267	312	Spencer Morgan	272	1:54:30	228	14:01	2:08:31	30 M 50-59	M (180)
268	45	William Biggin	274	1:54:44	226	14:00	2:08:44	31 M 50-59	M (181)
269	99	Peter Collins	260	1:53:12	334	15:44	2:08:56	47 M 40-49	M (182)
270	488	Amanda Whelan	273	1:54:43	246	14:16	2:09:00	31 F 30-39	F (88)
271	288	Brian Mannion (ANER)	279	1:55:15	224	13:58	2:09:13	32 M 50-59	M (183)
272	280	Steve MacDonald	269	1:54:13	301	15:11	2:09:25	33 M 50-59	M (184)
273	195	Amanda Handcock	270	1:54:13	311	15:19	2:09:33	32 F 30-39	F (89)
274	467	Jennifer Turpin	271	1:54:29	303	15:12	2:09:41	28 F 40-49	F (90)
275	28	Chris Baker	265	1:53:39	351	16:05	2:09:44	34 M 50-59	M (185)
276	121	Susan Day	276	1:55:00	307	15:14	2:10:15	29 F 40-49	F (91)
277	186	Belinda Grouchy (ANER)	277	1:55:05	305	15:12	2:10:18	10 F 50-59	F (92)
278	355	Nicole Penton	286	1:56:33	208	13:46	2:10:20	33 F 30-39	F (93)
279	336	George Oakley	289	1:56:42	200	13:39	2:10:22	48 M 40-49	M (186)
280	112	Angela Crockwell	284	1:56:11	263	14:24	2:10:36	30 F 40-49	F (94)
281	487	David Whalen	296	1:57:19	199	13:38	2:10:58	49 M 40-49	M (187)
282	138	Stephen Driscoll	287	1:56:37	288	15:00	2:11:38	23 M 20-29	M (188)
283	230	Chris Jermyn	299	1:57:47	216	13:52	2:11:39	3 M 70-99	M (189)
284	36	Marina Bateman-Vautier (PRCA)	282	1:55:55	339	15:50	2:11:45	31 F 40-49	F (95)
285	471	Donna Wadden	295	1:57:08	278	14:41	2:11:50	3 F 60-69	F (96)
286	118	Lori Dalton (PRCA)	285	1:56:33	312	15:21	2:11:54	34 F 30-39	F (97)
287	75	Simone Caines (ANER)	267	1:54:01	413	17:56	2:11:57	11 F 50-59	F (98)
288	287	Kimberley Manning	291	1:56:46	304	15:12	2:11:58	32 F 40-49	F (99)
289	351	Matthew Peddle	283	1:55:55	359	16:12	2:12:08	62 M 30-39	M (190)
290	348	Yoan Paturel	281	1:55:47	364	16:23	2:12:10	63 M 30-39	M (191)
291	32	Charlotte Barrington	278	1:55:05	388	17:05	2:12:11	4 F 60-69	F (100)
292	89	Janelle Clarke	293	1:57:06	293	15:05	2:12:11	35 F 30-39	F (101)
293	286	Kelly Manning	292	1:56:58	313	15:21	2:12:20	36 F 30-39	F (102)
294	419	Penney Simms	303	1:58:29	218	13:53	2:12:23	37 F 30-39	F (103)
295	450	Scott Tessier	288	1:56:37	338	15:47	2:12:24	50 M 40-49	M (192)
296	48	Shelly Blackwood	305	1:58:31	231	14:02	2:12:33	38 F 30-39	F (104)
297	154	Tanya Finlay	301	1:58:27	244	14:15	2:12:43	33 F 40-49	F (105)

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298	254	Judy Kuwahara	294	1:57:07	336	15:46	2:12:53	5 F 60-69	F (106)
299	34	Jonathan Barry	297	1:57:23	319	15:33	2:12:57	64 M 30-39	M (193)
300	44	Dayle Biggin	302	1:58:29	272	14:36	2:13:05	34 F 40-49	F (107)
301	383	Christine Reid	290	1:56:45	366	16:26	2:13:11	12 F 50-59	F (108)
302	278	Maire Lydon	304	1:58:30	286	14:54	2:13:24	39 F 30-39	F (109)
303	326	Kim Myrick	307	1:58:39	291	15:00	2:13:40	13 F 50-59	F (110)
304	191	Rod Hale	280	1:55:19	429	18:24	2:13:43	51 M 40-49	M (194)
305	398	Melanie Rose	306	1:58:37	333	15:43	2:14:20	35 F 40-49	F (111)
306	245	Tracy Kerrivan	310	1:59:13	310	15:18	2:14:32	40 F 30-39	F (112)
307	37	Matthew Beazley	309	1:58:59	349	16:04	2:15:03	24 M 20-29	M (195)
308	226	Patricia Ivory	300	1:58:04	386	17:03	2:15:07	14 F 50-59	F (113)
309	175	John Glynn	318	1:59:50	308	15:17	2:15:07	15 M 60-69	M (196)
310	507	Rick Parsons (ANER)	327	2:00:44	260	14:23	2:15:08	65 M 30-39	M (197)
311	311	Shelley Moores	328	2:00:47	264	14:24	2:15:12	41 F 30-39	F (114)
312	475	Joanne Wall	315	1:59:47	315	15:27	2:15:14	36 F 40-49	F (115)
313	335	Debbie Nurse	308	1:58:39	373	16:37	2:15:16	6 F 60-69	F (116)
314	222	Wade Hunter	330	2:00:55	261	14:23	2:15:18	35 M 50-59	M (198)
315	505	Karen Cole	313	1:59:41	331	15:40	2:15:22	42 F 30-39	F (117)
316	493	Bud Whitten	298	1:57:42	408	17:45	2:15:27	36 M 50-59	M (199)
317	316	Tara Moulton	323	2:00:32	294	15:05	2:15:38	37 F 40-49	F (118)
318	285	Jillian Manning	316	1:59:47	345	15:54	2:15:42	43 F 30-39	F (119)
319	440	Ken Stockley	332	2:01:02	284	14:50	2:15:52	52 M 40-49	M (200)
320	365	Mark Pinsent	339	2:01:50	241	14:14	2:16:04	37 M 50-59	M (201)
321	410	Bill Seaward	319	1:59:52	360	16:14	2:16:07	38 M 50-59	M (202)
322	271	Diane Legrow	324	2:00:33	328	15:37	2:16:10	15 F 50-59	F (120)
323	501	Dennis Yap	317	1:59:50	365	16:24	2:16:14	53 M 40-49	M (203)
324	378	Simone Quinlan	312	1:59:36	377	16:43	2:16:20	16 F 50-59	F (121)
325	10	Alfred Power	334	2:01:14	302	15:11	2:16:26	39 M 50-59	M (204)
326	3	Donna Burt	336	2:01:23	296	15:06	2:16:30	17 F 50-59	F (122)
327	51	Daniel Bourgeois	321	2:00:29	348	16:03	2:16:32	54 M 40-49	M (205)
328	194	Amanda Hancock	311	1:59:16	397	17:17	2:16:33	44 F 30-39	F (123)
329	420	Trina Simms	329	2:00:54	332	15:42	2:16:36	45 F 30-39	F (124)
330	465	Gail Tucker	333	2:01:11	317	15:28	2:16:39	38 F 40-49	F (125)

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331	73	Thomas Butyn	337	2:01:44	290	15:00	2:16:45	25 M 20-29	M (206)
332	413	Courtney Sheehan	326	2:00:36	358	16:11	2:16:48	16 F 20-29	F (126)
333	457	Heather Tizzard	331	2:01:00	343	15:52	2:16:52	39 F 40-49	F (127)
334	47	Kristen Blackmore	342	2:02:35	248	14:17	2:16:53	17 F 20-29	F (128)
335	207	Kim Hickman	343	2:02:35	253	14:19	2:16:54	18 F 20-29	F (129)
336	350	Kyle Peddle	320	1:59:53	387	17:04	2:16:58	26 M 20-29	M (207)
337	455	Tina Timmons	338	2:01:49	327	15:37	2:17:27	40 F 40-49	F (130)
338	132	Glenn Dooley	322	2:00:30	390	17:07	2:17:38	55 M 40-49	M (208)
339	344	Kathleen Parewick	346	2:02:56	287	14:54	2:17:50	18 F 50-59	F (131)
340	152	Meghan Fillier	355	2:04:11	201	13:40	2:17:51	19 F 20-29	F (132)
341	92	Michael Clements	314	1:59:42	422	18:11	2:17:54	16 M 60-69	M (209)
342	133	Leah Dooley	341	2:02:32	326	15:37	2:18:09	41 F 40-49	F (133)
343	330	Amanda Newell	344	2:02:36	329	15:38	2:18:14	20 F 20-29	F (134)
344	215	Steve Hood	335	2:01:20	395	17:15	2:18:36	40 M 50-59	M (210)
345	409	Tina Savoury (PRCA)	348	2:03:27	299	15:10	2:18:37	42 F 40-49	F (135)
346	17	Cathy Andrews (ANER)	345	2:02:54	346	15:56	2:18:51	7 F 60-69	F (136)
347	454	Allison Tilley	340	2:01:59	384	16:56	2:18:55	46 F 30-39	F (137)
348	310	Rona Moore	325	2:00:34	427	18:22	2:18:56	21 F 20-29	F (138)
349	363	Christine Pinsent	349	2:03:31	314	15:26	2:18:57	43 F 40-49	F (139)
350	94	Rachelle Cochrane	347	2:03:24	320	15:34	2:18:59	19 F 50-59	F (140)
351	66	Matty Burry	359	2:04:48	265	14:27	2:19:15	27 M 20-29	M (211)
352	67	Carolyn Bursey	350	2:04:07	340	15:50	2:19:57	20 F 50-59	F (141)
353	279	Jennifer MacDonald	362	2:05:26	277	14:40	2:20:07	22 F 20-29	F (142)
354	353	Alex Penney	356	2:04:17	341	15:50	2:20:07	23 F 20-29	F (143)
355	436	Elizabeth Squires	354	2:04:10	355	16:08	2:20:18	8 F 60-69	F (144)
356	12	Ken Scott	360	2:04:56	321	15:35	2:20:31	17 M 60-69	M (212)
357	341	Kelly Owens Fowler	353	2:04:08	369	16:30	2:20:38	44 F 40-49	F (145)
358	8	Dan Owens	352	2:04:08	370	16:30	2:20:39	41 M 50-59	M (213)
359	486	Cassandra West	351	2:04:08	381	16:50	2:20:58	47 F 30-39	F (146)
360	201	Chris Hefford	361	2:05:26	330	15:38	2:21:04	56 M 40-49	M (214)
361	41	Emily Benson	366	2:05:46	316	15:28	2:21:14	24 F 20-29	F (147)
362	107	Melissa Cormier	358	2:04:42	374	16:38	2:21:21	45 F 40-49	F (148)
363	232	Loretta Johnson	357	2:04:42	375	16:38	2:21:21	21 F 50-59	F (149)

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364	39	Martin Beeton	369	2:06:42	280	14:44	2:21:26	18 M 60-69	M (215)
365	423	Darlene Skinner	371	2:07:08	271	14:35	2:21:43	46 F 40-49	F (150)
366	399	Tanya Rose (PRCA)	368	2:06:34	300	15:11	2:21:45	48 F 30-39	F (151)
367	43	Mary Beresford	367	2:06:11	324	15:36	2:21:47	47 F 40-49	F (152)
368	496	Rosalind Whitten	363	2:05:26	363	16:20	2:21:47	22 F 50-59	F (153)
369	495	Lynn Whitten	364	2:05:45	352	16:05	2:21:50	49 F 30-39	F (154)
370	166	Julie Fudge	365	2:05:45	357	16:10	2:21:55	50 F 30-39	F (155)
371	404	Noel Roy	375	2:07:34	268	14:31	2:22:06	4 M 70-99	M (216)
372	69	Karen Bussey	370	2:07:06	318	15:30	2:22:36	51 F 30-39	F (156)
373	225	Donna Hussey	381	2:08:30	275	14:38	2:23:08	23 F 50-59	F (157)
374	415	Jason Silver	378	2:08:26	295	15:06	2:23:32	57 M 40-49	M (217)
375	256	Megan Lafferty	385	2:09:01	279	14:43	2:23:44	25 F 20-29	F (158)
376	131	Jodi Dodge	374	2:07:28	362	16:18	2:23:46	48 F 40-49	F (159)
377	205	Joanne Hickman	372	2:07:22	389	17:07	2:24:29	24 F 50-59	F (160)
378	387	Sue Rideout (PRCA)	376	2:07:45	379	16:49	2:24:34	49 F 40-49	F (161)
379	324	Raleen Murphy (PRCA)	377	2:07:45	380	16:49	2:24:35	52 F 30-39	F (162)
380	64	Amanda Buis	391	2:10:15	283	14:50	2:25:05	53 F 30-39	F (163)
381	401	Renee Roule	386	2:09:03	350	16:04	2:25:08	50 F 40-49	F (164)
382	414	Justin Siller	387	2:09:04	353	16:06	2:25:10	28 M 20-29	M (218)
383	347	Cathy Parsons	383	2:09:00	368	16:28	2:25:28	54 F 30-39	F (165)
384	364	Kelly Pinsent	382	2:08:53	376	16:39	2:25:33	25 F 50-59	F (166)
385	477	Doris Walsh (ANER)	380	2:08:28	392	17:08	2:25:37	9 F 60-69	F (167)
386	437	Stephanie Stack	373	2:07:22	431	18:29	2:25:51	26 F 20-29	F (168)
387	19	Chantelle Archibald	384	2:09:01	383	16:54	2:25:56	51 F 40-49	F (169)
388	156	Mike Fleming	379	2:08:27	400	17:31	2:25:59	19 M 60-69	M (219)
389	449	John Taylor-Hood (ANER)	392	2:10:15	342	15:51	2:26:07	58 M 40-49	M (220)
390	433	Sandra Snow-Clarke	390	2:09:40	367	16:27	2:26:07	26 F 50-59	F (170)
391	139	Katie Druken	388	2:09:20	404	17:36	2:26:56	55 F 30-39	F (171)
392	293	Catherine McDonald	397	2:11:29	322	15:35	2:27:04	52 F 40-49	F (172)
393	123	Kelly Deering	398	2:11:29	335	15:45	2:27:15	56 F 30-39	F (173)
394	59	Pam Buckingham	389	2:09:27	414	18:06	2:27:33	27 F 50-59	F (174)
395	391	Sandra Roberts	404	2:12:43	292	15:01	2:27:44	28 F 50-59	F (175)
396	301	Karen Mearow (ANER)	408	2:13:13	273	14:36	2:27:50	10 F 60-69	F (176)

# Orangetheory Fitness Cape to Cabot 20k

## Overall Finish List

October 15, 2017

Timing & Results by Athletics NorthEAST

Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Age Group Place	Gender Place
397	4	Regina Coady	399	2:12:01	361	16:15	2:28:17	29 F 50-59	F (177)
398	417	Stacey Silver	394	2:10:52	401	17:34	2:28:27	53 F 40-49	F (178)
399	338	Andrea O'Neill	407	2:12:55	347	16:01	2:28:56	30 F 50-59	F (179)
400	116	Gail Cummings-Chin	396	2:11:29	407	17:41	2:29:10	11 F 60-69	F (180)
401	216	Sarah Horwood	401	2:12:24	378	16:48	2:29:13	57 F 30-39	F (181)
402	458	Andrew Tobin (PRCA)	393	2:10:40	435	18:41	2:29:22	66 M 30-39	M (221)
403	309	Anne Marie Moore	395	2:11:05	424	18:20	2:29:25	58 F 30-39	F (182)
404	296	Kate McGarry	400	2:12:24	394	17:14	2:29:38	59 F 30-39	F (183)
405	460	Darlene Toope (PRCA)	402	2:12:36	393	17:11	2:29:48	54 F 40-49	F (184)
406	334	Irina Novikova	403	2:12:41	396	17:17	2:29:59	55 F 40-49	F (185)
407	372	Valerie Power	405	2:12:45	398	17:20	2:30:06	56 F 40-49	F (186)
408	379	Taufiq Rahman	406	2:12:54	409	17:48	2:30:43	67 M 30-39	M (222)
409	90	June Clarke (NWRC)	410	2:14:04	385	16:59	2:31:04	12 F 60-69	F (187)
410	317	Hannah Munro	412	2:14:08	391	17:07	2:31:16	27 F 20-29	F (188)
411	438	Christopher Stephens	426	2:17:28	259	14:23	2:31:52	59 M 40-49	M (223)
412	97	Gail Collins	409	2:13:42	426	18:21	2:32:03	13 F 60-69	F (189)
413	264	Kim Lawlor	411	2:14:08	436	18:48	2:32:57	57 F 40-49	F (190)
414	68	Linda Bursey	414	2:14:48	421	18:11	2:32:59	58 F 40-49	F (191)
415	427	Lisa Smith	413	2:14:37	437	18:55	2:33:33	59 F 40-49	F (192)
416	160	Sheila Flynn	427	2:17:30	371	16:34	2:34:05	60 F 40-49	F (193)
417	390	Judy Lynn Roberts (PRCA)	420	2:16:00	415	18:07	2:34:07	60 F 30-39	F (194)
418	270	Brenda Lee (PRCA)	417	2:15:58	418	18:08	2:34:07	31 F 50-59	F (195)
419	360	Kim Pike (PRCA)	419	2:16:00	416	18:07	2:34:07	61 F 40-49	F (196)
420	434	Susan Sparkes (PRCA)	418	2:15:58	419	18:09	2:34:07	62 F 40-49	F (197)
421	18	Kim Andrews	416	2:15:50	425	18:20	2:34:11	61 F 30-39	F (198)
422	127	Vanessa Dewling (PRCA)	415	2:14:48	442	19:43	2:34:32	63 F 40-49	F (199)
423	105	Trudy Coombs	424	2:17:15	402	17:34	2:34:50	64 F 40-49	F (200)
424	129	Darla Dickinson	425	2:17:23	406	17:39	2:35:02	62 F 30-39	F (201)
425	500	Margaret Woodman	428	2:17:39	405	17:36	2:35:16	65 F 40-49	F (202)
426	168	Marian Fushell	423	2:17:09	423	18:19	2:35:28	14 F 60-69	F (203)
427	275	Sherri Lomond	422	2:16:56	432	18:33	2:35:29	63 F 30-39	F (204)
428	497	Christa Willar	421	2:16:55	433	18:34	2:35:30	64 F 30-39	F (205)
429	361	Mary Pike	429	2:18:30	411	17:49	2:36:20	15 F 60-69	F (206)

# Orangetheory Fitness Cape to Cabot 20k

## Overall Finish List

October 15, 2017

Timing & Results by Athletics NorthEAST

Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Age Group Place	Gender Place
430	14	Erin Alcock	432	2:21:36	372	16:35	2:38:11	66 F 40-49	F (207)
431	27	Angela Baker	430	2:20:10	439	19:05	2:39:15	67 F 40-49	F (208)
432	503	Fiona Young	435	2:22:47	403	17:35	2:40:22	65 F 30-39	F (209)
433	491	Bev White	434	2:22:45	430	18:27	2:41:13	32 F 50-59	F (210)
434	103	Brendan Coombes	436	2:22:51	434	18:34	2:41:26	68 M 30-39	M (224)
435	111	Mabel Crocker (PRCA)	433	2:22:27	443	19:55	2:42:22	33 F 50-59	F (211)
436	499	Jane Wong	439	2:24:59	399	17:31	2:42:30	66 F 30-39	F (212)
437	490	Gary Whelan	438	2:24:56	410	17:49	2:42:45	42 M 50-59	M (225)
438	510	Rosemarie Baldwin	437	2:23:34	440	19:18	2:42:52	34 F 50-59	F (213)
439	234	Catherine Jones	440	2:25:13	420	18:09	2:43:23	28 F 20-29	F (214)
440	151	Vanessa Farrell	431	2:20:46	447	24:14	2:45:01	68 F 40-49	F (215)
441	70	Elizabeth Butler	442	2:26:42	428	18:22	2:45:04	69 F 40-49	F (216)
442	385	Melissa Reid	445	2:27:52	417	18:08	2:46:00	29 F 20-29	F (217)
443	184	Wendy Green (PRCA)	444	2:27:16	438	19:03	2:46:20	35 F 50-59	F (218)
444	227	Rosemarie James (ANER)	443	2:26:50	441	19:33	2:46:23	2 F 70-99	F (219)
445	16	Catharyn Andersen	441	2:26:28	446	21:31	2:48:00	70 F 40-49	F (220)
446	392	Tamar Roberts	446	2:36:35	444	20:48	2:57:24	16 F 60-69	F (221)
447	87	Heidi Clark	447	2:41:56	445	21:25	3:03:22	71 F 40-49	F (222)