

**Scotiabank Cape to Cabot 20k  
Overall Results  
October 17, 2010  
Timing & Results By Athletics NorthEAST**

Place	Bib	Time	Name	City, Province, Country	Gender Place	Age Group Place	Mazda Mile Rank	Mazda Mile Time
1	256	1:16:50	Trevor O'Brien	Victoria, BC, CA	M (1)	M 30-39 (1)	1	09:06
2	281	1:23:09	Aaron Power (NRC)	St. John's, NL, CA	M (2)	M 20-29 (1)	3	09:37
3	117	1:27:41	Don Fagan (NRC)	St. John's, NL, CA	M (3)	M 30-39 (2)	25	10:54
4	70	1:27:53	Erik Charron (ANE)	Portugal Cove - St. Philips, NL, CA	M (4)	M 20-29 (2)	2	09:09
5	248	1:28:39	Glen Noel	St. John's, NL, CA	M (5)	M 40-49 (1)	6	09:54
6	305	1:28:45	Derrick Roul	Lawn, NL, CA	M (6)	M 30-39 (3)	4	09:39
7	136	1:30:43	Derek Galway	St. John's, NL, CA	M (7)	M 40-49 (2)	10	10:08
8	1	1:31:06	John Acreman	Mount Pearl, NL, CA	M (8)	M 30-39 (4)	40	11:25
9	99	1:31:13	Steve Dawson	St. John's, NL, CA	M (9)	M 50-59 (1)	18	10:34
10	127	1:31:32	Scott Fitzgerald	St. John's, NL, CA	M (10)	M 40-49 (3)	17	10:32
11	121	1:31:40	Paul Fewer (NRC)	Mount Pearl, NL, CA	M (11)	M 50-59 (2)	23	10:47
12	333	1:32:17	Andrew Smith (ANE)	St. John's, NL, CA	M (12)	M 40-49 (4)	27	10:59
13	24	1:32:25	Tim Barnes (RWY)	Summerford, NL, CA	M (13)	M U19 (1)	15	10:29
14	370	1:33:01	Geert Van Biesen	St. John's, NL, CA	M (14)	M 40-49 (5)	11	10:09
15	46	1:34:18	Lloyd Brockerville (MAR)	Marystown, NL, CA	M (15)	M 50-59 (3)	16	10:29
16	112	1:34:42	Brian Dunphy	Stephenville Crossing, NL, CA	M (16)	M 50-59 (4)	28	11:00
17	201	1:34:58	Keith Lewis	St. John's, NL, CA	M (17)	M 30-39 (5)	74	12:07
18	50	1:35:16	Andrew Bruce	St. John's, NL, CA	M (18)	M 30-39 (6)	29	11:00
19	105	1:35:20	Scott Downey (NRC)	St. John's, NL, CA	M (19)	M 40-49 (6)	70	12:00
20	28	1:35:34	Ian Bennett	St. John's, NL, CA	M (20)	M 40-49 (7)	20	10:40
21	13	1:35:40	Stephane Autin	St. Pierre et Miquelon, FR	M (21)	M 40-49 (8)	8	10:01
22	68	1:35:53	Mitchell Carter	North Sydney, NS, CA	M (22)	M 20-29 (3)	31	11:05
23	266	1:35:55	G Vaughan Paul (ANE)	St. John's, NL, CA	M (23)	M 50-59 (5)	52	11:34
24	23	1:36:04	Steve Barnes (ANE)	St. John's, NL, CA	M (24)	M 30-39 (7)	37	11:17
25	94	1:36:15	Gerry Dalton	Goulds, NL, CA	M (25)	M 40-49 (9)	41	11:25
26	269	1:36:44	Barry Peters	St. John's, NL, CA	M (26)	M 30-39 (8)	63	11:53
27	159	1:36:52	Bradley Hickey	St. John's, NL, CA	M (27)	M 30-39 (9)	7	10:00
28	132	1:37:09	Chad Fowlow	Paradise, NL, CA	M (28)	M 30-39 (10)	22	10:44
29	158	1:37:16	Craig Heffernan	St. John's, NL, CA	M (29)	M 30-39 (11)	30	11:04
30	239	1:37:25	Stefan Mulder	Grand Falls Windsor, NL, CA	M (30)	M 50-59 (6)	33	11:07
31	45	1:37:47	Gordon Brockerville (MAR)	Marystown, NL, CA	M (31)	M 50-59 (7)	42	11:25
32	33	1:38:14	Bill Boland ()	St. John's, NL, CA	M (32)	M 40-49 (10)	24	10:48
33	101	1:38:16	Norm Dimmell ()	Goulds, NL, CA	M (33)	M 30-39 (12)	48	11:30
34	210	1:38:26	Bill MacDonald ()	St. John's, NL, CA	M (34)	M 40-49 (11)	14	10:27
35	205	1:38:36	Trevor Lowe (ANE)	Clarkes Beach, NL, CA	M (35)	M 40-49 (12)	13	10:25
36	90	1:39:16	Chris Cox	Paradise, NL, CA	M (36)	M 40-49 (13)	38	11:22
37	322	1:39:30	Doug Shea	St. John's, NL, CA	M (37)	M 50-59 (8)	34	11:09
38	216	1:40:22	Susan Martyn (ANE)	St. John's, NL, CA	F (1)	F 30-39 (1)	53	11:35

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39	140	1:40:27	Keith Glynn	Paradise, NL, CA	M (38)	M 40-49 (14)	73	12:06
40	102	1:40:31	Stephen Dodge	St. John's, NL, CA	M (39)	M 40-49 (15)	58	11:41
41	189	1:40:32	John Kavanagh	Southern Shore, NL, CA	M (40)	M 50-59 (9)	72	12:05
42	198	1:41:20	Melvin Layden	Mount Pearl, NL, CA	M (41)	M 20-29 (4)	35	11:13
43	21	1:41:34	Jeff Barnes	St. John's, NL, CA	M (42)	M 40-49 (16)	62	11:50
44	268	1:41:37	Karen Penwell	St. John's, NL, CA	F (2)	F 30-39 (2)	82	12:13
45	238	1:41:54	Scott Morton Ninomiya	St. John's, NL, CA	M (43)	M 30-39 (13)	76	12:08
46	385	1:41:56	Jody Wentzell	St. John's, NL, CA	M (44)	M 20-29 (5)	19	10:37
47	390	1:42:06	Richard Wilkins	Portugal Cove - St. Philips, NL, CA	M (45)	M 30-39 (14)	64	11:53
48	231	1:42:21	Ed Mills	St. John's, NL, CA	M (46)	M 40-49 (17)	26	10:58
49	85	1:42:25	Mark Constantine	St. John's, NL, CA	M (47)	M U19 (2)	9	10:07
50	25	1:42:29	Keith Barrington	Clareville, NL, CA	M (48)	M 50-59 (10)	106	12:36
51	156	1:42:37	Andrew Harvey	Mount Pearl, NL, CA	M (49)	M 20-29 (6)	61	11:44
52	176	1:42:55	Rod Hutchings	Paradise, NL, CA	M (50)	M 40-49 (18)	65	11:54
53	174	1:43:02	Susan Hunt	St. John's, NL, CA	F (3)	F 30-39 (3)	81	12:11
54	131	1:43:29	Corey Ford	Upper Tantallon, NS, CA	M (51)	M 40-49 (19)	43	11:25
55	285	1:43:45	Diana Quinton	St. John's, NL, CA	F (4)	F 40-49 (1)	95	12:25
56	47	1:44:01	Anthony Broders	St. John's, NL, CA	M (52)	M 40-49 (20)	92	12:23
57	204	1:44:10	Ed Long (ANE)	Paradise, NL, CA	M (53)	M 50-59 (11)	78	12:09
58	76	1:44:13	Rick Coish	Tors Cove, NL, CA	M (54)	M 50-59 (12)	56	11:39
59	286	1:44:25	Sheldon Quinton	St. John's, NL, CA	M (55)	M 40-49 (21)	131	13:07
60	325	1:44:29	Paul Shea	St. John's, NL, CA	M (56)	M 40-49 (22)	59	11:42
61	115	1:44:34	Blaine Edwards	St. John's, NL, CA	M (57)	M 20-29 (7)	57	11:39
62	98	1:44:41	Mike Dawe	St. John's, NL, CA	M (58)	M 20-29 (8)	55	11:37
63	124	1:44:55	Robert Fish	St. John's, NL, CA	M (59)	M 30-39 (15)	119	12:48
64	104	1:45:06	Ann Dorward	St. John's, NL, CA	F (5)	F 40-49 (2)	136	13:09
65	2	1:45:13	Amy Adams	St. John's, NL, CA	F (6)	F 30-39 (4)	69	11:59
66	139	1:45:16	Trevor Gill	Botwood, NL, CA	M (60)	M 40-49 (23)	85	12:15
67	225	1:45:18	Patrick Meade	Ajax, ON, CA	M (61)	M 50-59 (13)	112	12:45
68	10	1:45:41	Janet Angel	St. John's, NL, CA	F (7)	F 40-49 (3)	87	12:19
69	328	1:45:44	Aaron Siller	St. John's, NL, CA	M (62)	M 20-29 (9)	32	11:06
70	323	1:45:45	Mark Shea	Fogo, NL, CA	M (63)	M U19 (3)	104	12:34
71	273	1:46:04	Mark Ploughman	St. John's, NL, CA	M (64)	M 50-59 (14)	88	12:19
72	63	1:46:05	Richard Callow	St. John's, NL, CA	M (65)	M 20-29 (10)	46	11:28
73	168	1:46:09	Murdock Hiscock (MAR)	Fortune, NL, CA	M (66)	M 60-69 (1)	111	12:43
74	306	1:46:18	Steve Routledge	St. John's, NL, CA	M (67)	M 20-29 (11)	54	11:35
75	314	1:46:25	Kevin Ryan	Mount Pearl, NL, CA	M (68)	M 50-59 (15)	96	12:25
76	18	1:46:27	Brad Ball	Conception Bay South, NL, CA	M (69)	M 30-39 (16)	141	13:15

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77	313	1:46:35	Joe Ryan	St. John's, NL, CA	M (70)	M 60-69 (2)	109	12:40
78	351	1:46:36	Erin Sullivan	St. John's, NL, CA	F (8)	F 30-39 (5)	110	12:40
79	240	1:46:54	Eugene Muller	St. John's, NL, CA	M (71)	M 60-69 (3)	50	11:33
80	71	1:46:57	Richard Charron	St. John's, NL, CA	M (72)	M 50-59 (16)	66	11:54
81	257	1:46:58	Paul O'Flaherty	St. John's, NL, CA	M (73)	M 30-39 (17)	125	12:58
82	213	1:47:05	Alexandra Maher	St. John's, NL, CA	F (9)	F 20-29 (1)	36	11:16
83	227	1:47:05	Roger Melendy	Gander, NL, CA	M (74)	M 50-59 (17)	45	11:26
84	396	1:47:07	Jay Wood	Kingston, ON, CA	M (75)	M 30-39 (18)	12	10:18
85	275	1:47:12	Laura Pomeroy (ANE)	St. John's, NL, CA	F (10)	F 40-49 (4)	162	13:41
86	155	1:47:12	Joan Hartery (ANE)	St. John's, NL, CA	F (11)	F 50-59 (1)	117	12:47
87	106	1:47:13	Bernie Doyle	St. John's, NL, CA	M (76)	M 40-49 (24)	167	13:44
88	67	1:47:13	Christopher Carter	St. John's, NL, CA	M (77)	M 40-49 (25)	143	13:16
89	389	1:47:21	Kelly Wilkins	Portugal Cove - St. Philips, NL, CA	F (12)	F 30-39 (6)	108	12:39
90	100	1:47:24	Paul Dillon	Portugal Cove - St. Philips, NL, CA	M (78)	M 30-39 (19)	126	13:00
91	235	1:47:40	Mandy Morgan	Clarkes Beach, NL, CA	F (13)	F 20-29 (2)	89	12:21
92	19	1:47:45	Todd Barbour	St. John's, NL, CA	M (79)	M 20-29 (12)	94	12:24
93	274	1:47:53	Kris Poduska	St. John's, NL, CA	F (14)	F 30-39 (7)	83	12:13
94	207	1:47:57	David Lundrigan	Logy Bay-Middle Cove-Outer Cove, NL,	M (80)	M 40-49 (26)	90	12:21
95	52	1:47:59	Mandy Bull	Corner Brook, NL, CA	F (15)	F 40-49 (5)	265	15:57
96	190	1:48:23	Steve Kavanagh	St. John's, NL, CA	M (81)	M 30-39 (20)	164	13:42
97	192	1:48:25	Paula Kelly	St. John's, NL, CA	F (16)	F 40-49 (6)	86	12:16
98	221	1:48:28	Scott McIsaac	St. John's, NL, CA	M (82)	M 20-29 (13)	173	13:54
99	128	1:48:35	Chris Flanagan (ANE)	St. John's, NL, CA	M (83)	M 40-49 (27)	91	12:21
100	152	1:48:43	Patrick Hamlyn	St. John's, NL, CA	M (84)	M 20-29 (14)	47	11:28
101	233	1:49:01	Paul Mooney	Conception Bay South, NL, CA	M (85)	M 40-49 (28)	148	13:22
102	171	1:49:44	Josée Hotton	St. John's, NL, CA	F (17)	F 40-49 (7)	51	11:33
103	350	1:49:49	Terry Stoodley	Halifax, NS, CA	M (86)	M 40-49 (29)	84	12:13
104	212	1:49:51	Tracey Mackey-Nelson	Massey Drive, NL, CA	F (18)	F 30-39 (8)	75	12:07
105	224	1:49:55	Joanne McNeil	St. John's, NL, CA	F (19)	F 20-29 (3)	67	11:58
106	327	1:50:16	Debbie Shortall	St. John's, NL, CA	F (20)	F 40-49 (8)	128	13:04
107	345	1:50:21	Steven Stauffer	Edmonton, AB, CA	M (87)	M 20-29 (15)	77	12:08
108	380	1:50:22	Terry Walsh	Mount Pearl, NL, CA	M (88)	M 30-39 (21)	163	13:41
109	48	1:50:22	Joseph Brown	Grand Bank, NL, CA	M (89)	M 50-59 (18)	140	13:14
110	368	1:50:31	Jeffrey Turner	St. John's, NL, CA	M (90)	M 30-39 (22)	144	13:17
111	270	1:50:35	Matthew Piercey	Portugal Cove - St. Philips, NL, CA	M (91)	M 30-39 (23)	146	13:21
112	294	1:50:35	Lucas Richardson	Wolfville, NS, CA	M (92)	M 20-29 (16)	5	09:44
113	185	1:50:39	Megan Jones	St. John's, NL, CA	F (21)	F 30-39 (9)	129	13:05
114	342	1:51:05	Andrea Sorensen	Toronto, ON, CA	F (22)	F 40-49 (9)	113	12:46

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115	295	1:51:13	Gregg Robertson	St. John's, NL, CA	M (93)	M 40-49 (30)	71	12:04
116	188	1:51:21	Jeffrey Kastner	Montreal, QC, CA	M (94)	M 50-59 (19)	124	12:55
117	193	1:51:23	Bradley King	Conception Bay South, NL, CA	M (95)	M 30-39 (24)	98	12:26
118	209	1:51:31	Katherine MacBay (NRC)	St. John's, NL, CA	F (23)	F 20-29 (4)	127	13:02
119	146	1:51:34	Sherry Grewal (ANE)	Paradise, NL, CA	F (24)	F 40-49 (10)	142	13:15
120	35	1:51:41	Greg Bonia	Conception Bay South, NL, CA	M (96)	M 40-49 (31)	153	13:28
121	255	1:51:53	Lisa O`Driscoll	Conception Bay South, NL, CA	F (25)	F 40-49 (11)	49	11:31
122	237	1:51:53	Heidi Morris	St. John's, NL, CA	F (26)	F 20-29 (5)	79	12:09
123	299	1:51:55	Reuben Rogers (MAR)	Creston South, NL, CA	M (97)	M 60-69 (4)	186	14:08
124	377	1:51:57	Brian Walsh	St. John's, NL, CA	M (98)	M 50-59 (20)	130	13:06
125	276	1:52:07	Sandra Pope	St. John's, NL, CA	F (27)	F 40-49 (12)	122	12:52
126	378	1:52:10	Carla Walsh	Mount Pearl, NL, CA	F (28)	F U19 (1)	165	13:42
127	92	1:52:14	Paul Cunningham	Paradise, NL, CA	M (99)	M 30-39 (25)	107	12:37
128	400	1:52:22	Deila Young	Grand Falls Windsor, NL, CA	F (29)	F 30-39 (10)	68	11:58
129	32	1:52:31	Victoria Boag	St. John's, NL, CA	F (30)	F 40-49 (13)	159	13:37
130	320	1:52:33	Kenneth Scott	St. John's, NL, CA	M (100)	M 50-59 (21)	137	13:10
131	304	1:52:36	Andrew Rossiter	Conception Bay South, NL, CA	M (101)	M 30-39 (26)	118	12:47
132	79	1:52:43	Bill Collins	Dartmouth, NS, CA	M (102)	M 50-59 (22)	196	14:21
133	130	1:53:01	Randy Follett	Paradise, NL, CA	M (103)	M 30-39 (27)	192	14:16
134	145	1:53:15	Jillian Greene	St. John's, NL, CA	F (31)	F 20-29 (6)	93	12:23
135	177	1:53:21	Kristy Hynes	Torbay, NL, CA	F (32)	F 20-29 (7)	133	13:08
136	336	1:53:22	Lesley Smith	Colliers, NL, CA	F (33)	F 20-29 (8)	102	12:31
137	348	1:53:40	Clark Stokes	Logy Bay-Middle Cove-Outer Cove, NL,	M (104)	M 40-49 (32)	147	13:21
138	118	1:53:43	Kirk Farrell	Mount Pearl, NL, CA	M (105)	M 30-39 (28)	290	16:43
139	202	1:53:48	Jacinta Loder	St. John's, NL, CA	F (34)	F 20-29 (9)	154	13:28
140	113	1:53:58	Jonathan Earle	Portugal Cove - St. Philips, NL, CA	M (106)	M 30-39 (29)	44	11:25
141	166	1:54:13	Greg Hiscock	St. John's, NL, CA	M (107)	M 40-49 (33)	151	13:27
142	373	1:54:39	Mayo Vrba	St. John's, NL, CA	M (108)	M 30-39 (30)	187	14:09
143	109	1:54:52	Connie Duffett	Torbay, NL, CA	F (35)	F 30-39 (11)	100	12:28
144	164	1:54:53	Edward Hillier	Fortune, NL, CA	M (109)	M 50-59 (23)	138	13:11
145	278	1:55:03	Sandi Porter	Mount Pearl, NL, CA	F (36)	F 20-29 (10)	180	14:04
146	37	1:55:32	Brad Bonnell	Paradise, NL, CA	M (110)	M 30-39 (31)	103	12:31
147	151	1:55:37	Kent Gulliford	Gander, NL, CA	M (111)	M 40-49 (34)	39	11:24
148	73	1:55:47	Terese Chisholm	St. John's, NL, CA	F (37)	F 20-29 (11)	185	14:07
149	298	1:55:49	Peter Rogers	Portugal Cove - St. Philips, NL, CA	M (112)	M 30-39 (32)	101	12:30
150	397	1:55:50	Nicole Woodman	New Harbour, NL, CA	F (38)	F 30-39 (12)	229	15:10
151	277	1:55:58	Ken Porter	St. John's, NL, CA	M (113)	M 40-49 (35)	168	13:48
152	147	1:56:02	Mary Anne Griffin	St. John's, NL, CA	F (39)	F 40-49 (14)	149	13:22

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153	41	1:56:05	Tony Brathwaite	St. John's, NL, CA	M (114)	M 60-69 (5)	134	13:08
154	365	1:56:11	Blair Trainor	St. John's, NL, CA	M (115)	M 20-29 (17)	199	14:29
155	172	1:56:16	Chris Hough	Mount Pearl, NL, CA	M (116)	M 30-39 (33)	155	13:34
156	393	1:56:23	Spencer Winsor	Paradise, NL, CA	M (117)	M 30-39 (34)	121	12:51
157	162	1:56:27	Trudy Hickey	Conception Bay South, NL, CA	F (40)	F 40-49 (15)	99	12:26
158	12	1:56:56	Jenny Arbuckle	Paradise, NL, CA	F (41)	F 20-29 (12)	145	13:18
159	279	1:57:04	Trudy Porter	St. John's, NL, CA	F (42)	F 40-49 (16)	171	13:52
160	203	1:57:05	Paul Loder	St. John's, NL, CA	M (118)	M 40-49 (36)	152	13:27
161	369	1:57:19	Laurie Twells	St. John's, NL, CA	F (43)	F 40-49 (17)	166	13:43
162	310	1:57:20	Jim Royal	St. John's, NL, CA	M (119)	M 40-49 (37)	156	13:36
163	366	1:57:23	Paula Tucker	Mount Pearl, NL, CA	F (44)	F 40-49 (18)	160	13:37
164	44	1:57:25	Jennifer Broadbridge	St. John's, NL, CA	F (45)	F 20-29 (13)	114	12:46
165	287	1:57:40	Proton Rahman	St. John's, NL, CA	M (120)	M 40-49 (38)	172	13:52
166	84	1:57:57	Kevin Connors	King's Cove, NL, CA	M (121)	M 60-69 (6)	188	14:09
167	154	1:57:58	Shawn Harrison	Gander, NL, CA	M (122)	M 30-39 (35)	115	12:46
168	355	1:58:03	John Taylor-Hood (ANE)	Torbay, NL, CA	M (123)	M 30-39 (36)	135	13:08
169	29	1:58:07	Jennifer Bennett	St. John's, NL, CA	F (46)	F 30-39 (13)	157	13:36
170	220	1:58:13	Aaron McInnis	Conception Bay South, NL, CA	M (124)	M 20-29 (18)	176	13:58
171	114	1:58:21	Alison Eaton	St. John's, NL, CA	F (47)	F 20-29 (14)	139	13:12
172	337	1:58:27	Lori Smith	St. John's, NL, CA	F (48)	F 40-49 (19)	123	12:53
173	87	1:58:32	Brian Cook	St. John's, NL, CA	M (125)	M 30-39 (37)	60	11:42
174	260	1:59:24	Tim O'Neill	St. John's, NL, CA	M (126)	M 40-49 (39)	132	13:07
175	374	1:59:32	Donna Wadden	St. John's, NL, CA	F (49)	F 50-59 (2)	215	14:45
176	339	1:59:42	W George Smith	St. John's, NL, CA	M (127)	M 50-59 (24)	228	15:07
177	169	2:00:08	Christine Hogan (TriCon)	Carbonear, NL, CA	F (50)	F 40-49 (20)	266	15:57
178	311	2:00:09	Dean Russell (TriCon)	Carbonear, NL, CA	M (128)	M 40-49 (40)	97	12:25
179	38	2:00:21	Dana Bonnell	Goulds, NL, CA	F (51)	F 20-29 (15)	181	14:04
180	9	2:00:24	Ann Angel	St. John's, NL, CA	F (52)	F 50-59 (3)	207	14:39
181	282	2:00:30	Alfred Power	St. John's, NL, CA	M (129)	M 40-49 (41)	195	14:19
182	160	2:01:00	Cindy Lynn Hickey	Logy Bay-Middle Cove-Outer Cove, NL,	F (53)	F 20-29 (16)	214	14:44
183	8	2:01:01	Douglas Andrews	St. John's, NL, CA	M (130)	M 50-59 (25)	116	12:46
184	261	2:01:17	Alexander O'Reilly	Brisbane, QLD, AU	M (131)	M 20-29 (19)	205	14:36
185	228	2:01:23	Anne Menchinton	Mount Pearl, NL, CA	F (54)	F 30-39 (14)	178	14:03
186	326	2:01:31	David Shortall	St. John's, NL, CA	M (132)	M 40-49 (42)	197	14:23
187	398	2:01:32	Travis Wooley	St. John's, NL, CA	M (133)	M 30-39 (38)	191	14:14
188	244	2:02:00	Andrea Murray	St. John's, NL, CA	F (55)	F 40-49 (21)	248	15:36
189	178	2:02:11	Robert Hyslop	St. John's, NL, CA	M (134)	M 60-69 (7)	177	14:00
190	334	2:02:22	Bruce Smith	Witless Bay, NL, CA	M (135)	M 20-29 (20)	218	14:47

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191	296	2:02:26	John Robinson	St. John's, NL, CA	M (136)	M 50-59 (26)	280	16:21
192	241	2:02:37	Donna Murphy	Logy Bay-Middle Cove-Outer Cove, NL,	F (56)	F 40-49 (22)	193	14:16
193	144	2:02:41	Paul Greeley	Conception Bay South, NL, CA	M (137)	M 30-39 (39)	227	15:04
194	360	2:02:44	Mervin Thompson	St. John's, NL, CA	M (138)	M 40-49 (43)	182	14:04
195	303	2:02:57	Susan Rose	St. John's, NL, CA	F (57)	F 30-39 (15)	161	13:39
196	6	2:02:58	Marc Alivio	Mount Pearl, NL, CA	M (139)	M 30-39 (40)	244	15:31
197	142	2:02:59	Phil Graham	St. John's, NL, CA	M (140)	M 60-69 (8)	120	12:49
198	66	2:03:07	Brian Carrigan	Torbay, NL, CA	M (141)	M 50-59 (27)	255	15:48
199	317	2:03:42	Samuel Saunders (MAR)	Brookside, NL, CA	M (142)	M 60-69 (9)	246	15:35
200	88	2:03:47	Carolyn Cook	St. John's, NL, CA	F (58)	F 30-39 (16)	201	14:31
201	232	2:03:47	Elizabeth Milne	St. John's, NL, CA	F (59)	F 40-49 (23)	183	14:05
202	173	2:03:57	Natasha Hunt	St. John's, NL, CA	F (60)	F 20-29 (17)	158	13:36
203	3	2:03:59	Tanis Adey	St. John's, NL, CA	F (61)	F 40-49 (24)	208	14:39
204	267	2:04:01	Gerry Penney	St. John's, NL, CA	M (143)	M 50-59 (28)	270	16:03
205	170	2:04:10	Karen Holmes	St. John's, NL, CA	F (62)	F 40-49 (25)	235	15:16
206	372	2:04:20	Alasdair Veitch	Norman Wells, NT, CA	M (144)	M 50-59 (29)	238	15:18
207	55	2:04:20	Trina Bussey	Massey Drive, NL, CA	F (63)	F 30-39 (17)	169	13:48
208	122	2:04:30	Rebecca Fewer	Paradise, NL, CA	F (64)	F 30-39 (18)	226	15:03
209	72	2:04:43	Neil Cheeseman	St. John's, NL, CA	M (145)	M 20-29 (21)	198	14:25
210	381	2:04:46	Todd Walsh	St. John's, NL, CA	M (146)	M 40-49 (44)	210	14:40
211	53	2:04:58	Donna Burt	St. John's, NL, CA	F (65)	F 40-49 (26)	216	14:46
212	229	2:05:02	Shawn Mercer	St. John's, NL, CA	M (147)	M 20-29 (22)	219	14:57
213	272	2:05:06	Debbie Pittman	St. John's, NL, CA	F (66)	F 40-49 (27)	184	14:06
214	182	2:05:19	Bernadette Jerrett	St. John's, NL, CA	F (67)	F 50-59 (4)	189	14:11
215	361	2:05:41	Tyler Thompson	St. John's, NL, CA	M (148)	M U19 (4)	295	17:02
216	107	2:05:43	Karen Doyle	St. John's, NL, CA	F (68)	F 40-49 (28)	241	15:22
217	290	2:05:51	Jason Ransom	Paradise, NL, CA	M (149)	M 30-39 (41)	179	14:03
218	165	2:06:27	Deanne Hiscock	Brigus, NL, CA	F (69)	F 30-39 (19)	249	15:36
219	354	2:06:41	David Taylor	St. John's, NL, CA	M (150)	M 40-49 (45)	297	17:04
220	259	2:06:44	Sheilagh O'Leary	St. John's, NL, CA	F (70)	F 20-29 (18)	233	15:14
221	141	2:07:01	Susan Goulding	Grand Falls Windsor, NL, CA	F (71)	F 40-49 (29)	272	16:05
222	219	2:07:22	Iren McInnes	St. John's, NL, CA	F (72)	F 30-39 (20)	245	15:33
223	148	2:07:23	Timothy Griffin	St. John's, NL, CA	M (151)	M 20-29 (23)	174	13:54
224	103	2:07:28	Mike Dooling	St. John's, NL, CA	M (152)	M 20-29 (24)	273	16:05
225	143	2:07:33	Gillian Grant-Donovan	St. John's, NL, CA	F (73)	F 50-59 (5)	260	15:52
226	26	2:07:37	Roger Bath	Mount Pearl, NL, CA	M (153)	M 40-49 (46)	209	14:39
227	40	2:07:44	Daniel Bourgeois	St. John's, NL, CA	M (154)	M 30-39 (42)	256	15:49
228	353	2:08:00	Claire Sutherland	St. John's, NL, CA	F (74)	F 30-39 (21)	239	15:20

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229	347	2:08:05	Elizabeth Steeves	St. John's, NL, CA	F (75)	F 50-59 (6)	240	15:21
230	34	2:08:10	Blair Boland	St. John's, NL, CA	M (155)	M 30-39 (43)	309	17:29
231	150	2:08:16	Douglas Grouchy	St. John's, NL, CA	M (156)	M 40-49 (47)	150	13:23
232	183	2:08:17	Colette Jewer	Portugal Cove - St. Philips, NL, CA	F (76)	F 40-49 (30)	278	16:19
233	379	2:08:20	Ronald Walsh	Torbay, NL, CA	M (157)	M 40-49 (48)	190	14:12
234	135	2:08:22	Cassandra Furlong	St. John's, NL, CA	F (77)	F 20-29 (19)	221	15:00
235	74	2:08:26	Regina Coady	St. John's, NL, CA	F (78)	F 50-59 (7)	202	14:32
236	386	2:08:41	Brian Whalen	St. John's, NL, CA	M (158)	M 60-69 (10)	250	15:37
237	243	2:08:49	Margo Murphy	St. John's, NL, CA	F (79)	F 30-39 (22)	251	15:37
238	54	2:08:49	Karen Bussey	St. John's, NL, CA	F (80)	F 30-39 (23)	211	14:40
239	388	2:08:53	Nancy Whittle	St. John's, NL, CA	F (81)	F 30-39 (24)	212	14:42
240	116	2:08:56	Jennifer Elliott	St. John's, NL, CA	F (82)	F 30-39 (25)	213	14:43
241	392	2:09:30	Michelle Williams	St. John's, NL, CA	F (83)	F 40-49 (31)	257	15:49
242	181	2:09:38	Kari Jenkins	St. John's, NL, CA	F (84)	F 20-29 (20)	200	14:30
243	382	2:09:52	Claudette Warren	St. John's, NL, CA	F (85)	F 30-39 (26)	175	13:57
244	15	2:09:56	Ian Bailey	St. John's, NL, CA	M (159)	M 40-49 (49)	262	15:54
245	247	2:09:59	Paul Newhook	St. John's, NL, CA	M (160)	M 40-49 (50)	292	16:47
246	214	2:10:04	Brian Mannion	St. John's, NL, CA	M (161)	M 40-49 (51)	170	13:51
247	58	2:10:07	Christine Byers	St. John's, NL, CA	F (86)	F 20-29 (21)	206	14:36
248	95	2:10:16	Patrick Dalton (ANE)	St. John's, NL, CA	M (162)	M 30-39 (44)	243	15:29
249	349	2:10:29	Dale Stoodley	Halifax, NS, CA	F (87)	F 40-49 (32)	264	15:56
250	321	2:10:43	Erlangga Septama	St. John's, NL, CA	M (163)	M 30-39 (45)	314	17:58
251	61	2:10:52	Jackie Cabot	Conception Bay South, NL, CA	F (88)	F 40-49 (33)	194	14:16
252	42	2:11:09	Erin Brennan	St. John's, NL, CA	F (89)	F 30-39 (27)	217	14:46
253	376	2:11:17	Ashley Walsh	St. John's, NL, CA	F (90)	F 20-29 (22)	230	15:12
254	308	2:11:23	Glenda Roy	Grand Falls Windsor, NL, CA	F (91)	F 50-59 (8)	220	14:58
255	16	2:12:08	Maeve Baird	St. John's, NL, CA	F (92)	F 40-49 (34)	222	15:00
256	91	2:12:40	Cheryl Cullen	St. John's, NL, CA	F (93)	F 30-39 (28)	105	12:34
257	22	2:12:48	Jim Barnes	St. John's, NL, CA	M (164)	M 60-69 (11)	263	15:55
258	263	2:12:54	Dan Owens	St. John's, NL, CA	M (165)	M 40-49 (52)	247	15:35
259	363	2:13:15	Ray Tomlin	Halifax, NS, CA	M (166)	M 40-49 (53)	203	14:33
260	399	2:13:46	Marion Yetman	St. John's, NL, CA	F (94)	F 60-69 (1)	236	15:16
261	375	2:14:16	Alison Walker	St. John's, NL, CA	F (95)	F 30-39 (29)	224	15:01
262	384	2:14:44	Penny Wells	Grand Falls Windsor, NL, CA	F (96)	F 40-49 (35)	277	16:14
263	157	2:14:50	Sally Heath	Waterloo, ON, CA	F (97)	F 30-39 (30)	234	15:15
264	234	2:15:08	Jane Morgan	St. John's, NL, CA	F (98)	F 50-59 (9)	279	16:20
265	86	2:15:11	Anna Cook	St. John's, NL, CA	F (99)	F 30-39 (31)	231	15:13
266	344	2:15:12	Gina Squires	St. John's, NL, CA	F (100)	F 30-39 (32)	232	15:13

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267	211	2:15:27	Susan MacDonald	St. John's, NL, CA	F (101)	F 30-39 (33)	223	15:00
268	223	2:15:37	David McNeil	St. John's, NL, CA	M (167)	M 30-39 (46)	242	15:24
269	82	2:15:39	Wally Collins	Goulds, NL, CA	M (168)	M 50-59 (30)	237	15:17
270	316	2:16:05	Terry Sacrey	St. John's, NL, CA	M (169)	M 20-29 (25)	281	16:26
271	265	2:16:48	Reginald Parsons	Corner Brook, NL, CA	M (170)	M 30-39 (47)	303	17:11
272	300	2:17:02	Peter Rollmann	St. John's, NL, CA	M (171)	M 20-29 (26)	268	15:59
273	391	2:17:16	Christa Willar	Conception Bay South, NL, CA	F (102)	F 30-39 (34)	276	16:12
274	39	2:17:18	Philip Boudreau	St. John's, NL, CA	M (172)	M 20-29 (27)	289	16:42
275	383	2:17:27	Steven Watt	St. John's, NL, CA	M (173)	M 30-39 (48)	267	15:58
276	60	2:17:28	Sandra Cable	Conception Bay South, NL, CA	F (103)	F 50-59 (10)	293	16:55
277	291	2:17:42	Andrew Richards	St. John's, NL, CA	M (174)	M 20-29 (28)	21	10:41
278	167	2:17:43	Kelly Hiscock	St. John's, NL, CA	F (104)	F 40-49 (36)	258	15:49
279	340	2:17:54	Walter Smith	Paradise, NL, CA	M (175)	M 60-69 (12)	305	17:15
280	338	2:18:18	Renee Smith	St. John's, NL, CA	F (105)	F 20-29 (23)	282	16:30
281	110	2:18:35	Kimberley Dumaresque	St. John's, NL, CA	F (106)	F 40-49 (37)	288	16:41
282	292	2:19:14	Matthew Richards	St. John's, NL, CA	M (176)	M U19 (5)	80	12:10
283	215	2:19:23	Chantal March	Logy Bay-Middle Cove-Outer Cove, NL,	F (107)	F 40-49 (38)	252	15:39
284	357	2:19:35	Rob Thomas	St. John's, NL, CA	M (177)	M 40-49 (54)	307	17:23
285	230	2:19:54	Stephen Mercer	St. John's, NL, CA	M (178)	M 40-49 (55)	300	17:06
286	246	2:20:09	Leigh Newhook	St. John's, NL, CA	F (108)	F 40-49 (39)	308	17:25
287	280	2:20:09	Heather Powell	Conception Bay South, NL, CA	F (109)	F 40-49 (40)	271	16:04
288	236	2:20:40	Sean Moriarty	St. John's, NL, CA	M (179)	M 30-39 (49)	302	17:09
289	371	2:21:12	Sharon Vardy	Conception Bay South, NL, CA	F (110)	F 40-49 (41)	291	16:46
290	307	2:21:40	Craig Rowe	St. John's, NL, CA	M (180)	M 40-49 (56)	313	17:54
291	27	2:21:53	Tanya Bath	Torbay, NL, CA	F (111)	F 30-39 (35)	274	16:09
292	120	2:22:03	Chris Fewer	St. John's, NL, CA	M (181)	M 20-29 (29)	317	18:16
293	36	2:22:07	Renee Bonia	St. John's, NL, CA	F (112)	F 20-29 (24)	306	17:16
294	163	2:22:15	Linda Hickman	Paradise, NL, CA	F (113)	F 40-49 (42)	294	16:57
295	175	2:22:17	Donna Hussey	St. John's, NL, CA	F (114)	F 40-49 (43)	204	14:34
296	125	2:22:30	Shannon Fisher (ANE)	St. John's, NL, CA	F (115)	F 40-49 (44)	287	16:37
297	51	2:23:16	Carla Bull	Eastern Passage, NS, CA	F (116)	F 30-39 (36)	269	16:00
298	343	2:23:37	Sue Sparrow	Portugal Cove - St. Philips, NL, CA	F (117)	F 40-49 (45)	283	16:32
299	252	2:24:09	Nikita Noseworthy	Paradise, NL, CA	F (118)	F 20-29 (25)	318	18:16
300	153	2:24:11	Denise Hapgood	Conception Bay South, NL, CA	F (119)	F 40-49 (46)	284	16:34
301	11	2:24:26	Jackie Antle	St. John's, NL, CA	F (120)	F 30-39 (37)	253	15:43
302	218	2:25:34	Jennifer McCreath	St. John's, NL, CA	F (121)	F 30-39 (38)	261	15:52
303	329	2:26:25	Barbara Simmonds	Conception Bay South, NL, CA	F (122)	F 60-69 (2)	259	15:49
304	358	2:26:32	Chris Thompson	St. John's, NL, CA	M (182)	M 30-39 (50)	321	19:04



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305	195	2:26:34	Brenda Kitchen	St. John's, NL, CA	F (123)	F 30-39 (39)	310	17:44
306	123	2:26:40	Tina Fewer	St. John's, NL, CA	F (124)	F 30-39 (40)	225	15:02
307	134	2:27:40	Paula French	St. John's, NL, CA	F (125)	F 30-39 (41)	320	18:49
308	4	2:29:10	Erin Alcock	Conception Bay South, NL, CA	F (126)	F 30-39 (42)	301	17:06
309	196	2:29:35	Andrea Krushel	Yellowknife, NT, CA	F (127)	F 40-49 (47)	254	15:44
310	283	2:30:41	Andrea Power	Mount Pearl, NL, CA	F (128)	F 30-39 (43)	312	17:47
311	31	2:30:48	Anne Marie Blake	St. John's, NL, CA	F (129)	F 50-59 (11)	285	16:36
312	387	2:31:22	Gary Whelan	Conception Bay, NL, CA	M (183)	M 50-59 (31)	298	17:05
313	20	2:32:25	Deidre Barker	Grand Falls Windsor, NL, CA	F (130)	F 30-39 (44)	311	17:46
314	7	2:32:51	Catharyn Andersen	Conception Bay South, NL, CA	F (131)	F 30-39 (45)	322	19:06
315	330	2:33:17	Robert Simmons (ANE)	St. John's, NL, CA	M (184)	M 30-39 (51)	316	18:04
316	359	2:33:48	Deanne Thompson	St. John's, NL, CA	F (132)	F 40-49 (48)	325	19:30
317	331	2:34:01	Robert Sinclair	St. John's, NL, CA	M (185)	M 60-69 (13)	296	17:02
318	318	2:34:49	Kimberly Savage	Conception Bay South, NL, CA	F (133)	F 30-39 (46)	275	16:10
319	14	2:35:53	Leanne Avery	Paradise, NL, CA	F (134)	F 30-39 (47)	315	17:58
320	293	2:36:38	Glenn Richardson	St. John's, NL, CA	M (186)	M 40-49 (57)	319	18:18
321	367	2:37:15	André Tulk	St. John's, NL, CA	M (187)	M 30-39 (52)	326	19:55
322	258	2:38:04	Sherri O'Halloran	Mount Pearl, NL, CA	F (135)	F 30-39 (48)	324	19:24
323	288	2:38:47	Donna Ramsay	St. John's, NL, CA	F (136)	F 30-39 (49)	304	17:11
324	77	2:38:56	Robert Cole	St. John's, NL, CA	M (188)	M U19 (6)	286	16:36
325	83	2:39:26	Wayne Collins	Goulds, NL, CA	M (189)	M 40-49 (58)	299	17:05
326	206	2:45:25	Gary Lucas	St. John's, NL, CA	M (190)	M 30-39 (53)	327	19:57
327	161	2:45:47	Evelyn Hickey	Calgary, AB, CA	F (137)	F 50-59 (12)	329	21:36
328	57	2:46:39	Tammy Butler	St. John's, NL, CA	F (138)	F 30-39 (50)	323	19:10
329	284	2:49:31	Rick Power	St. John's, NL, CA	M (191)	M 30-39 (54)	328	21:34

<b>MAZDA MILE WINNERS</b>			
Place	Bib	Time	Name
<b>FEMALE</b>			
1	213	11:16	Alexandra Maher
2	255	11:31	Lisa O`Driscoll
3	171	11:33	Josée Hotton
<b>MALE</b>			
1	256	09:06	Trevor O'Brien
2	70	09:09	Erik Charron
3	281	09:37	Aaron Power